

Denmead Striders Running Club

Committee Meeting

Date: 7th February 2017

Location: Silvester Road, Waterloooville.

Present	Apologies
Terry Aked	Sarah Heard
Lee Weeks	
Tracey Crank	
Stuart Hoare	
Julia Revill	
Gary McCawley	
Claire Welch	
Paul Welch	
Richard Gray	
Mel Hunt	
Martin Shaw	
Kirsty Bailey	
Lisa Guile	

1. Committee Meeting.

1.1 Club Chairman

The Chairman reported - Welcome to our first meeting since the AGM which seems like years ago.

Things have been ticking over nicely this year so I have nothing new to report. Our teams have been strongly represented at local races with the mens team in particular having great success in winning several events including the summer XC, Hayling Billy 5 and summer plod. We also picked up team prizes at the Portsmouth coastal half and the Clanfield challenge, so well done to all involved.

I would also like to recognise and congratulate Julia Revill on behalf of everybody at the club for reaching her outstanding milestone of 200 marathons on 9th July, she really is an inspiration to us all.

1.2 Vice Chairman

The vice chairman had sourced fold up signs that would be suitable for use at training sessions, the committee agreed that 3 would be purchased. It had been noted that cars were travelling at speed around Kidmore Lane and that runners need to be aware of traffic – it was agreed that runners would be cautioned about the use of earphones on training sessions.

1.3 Club Secretary

The secretary had received a questionnaire from Sarah Gardiner, Club Support Manager for England Athletics. Information was given to allow this to be completed and returned.

1.4 Club Treasurer

The accounts are appended. The accounts for the year show that the main expenditure was on the awards night, coaching courses and Ryde transport. The club had also purchased a pop up tent for use at cross country events. Including the surplus from the Denmead 10k club funds held at 12th July are £3,153.73.

1.5 Membership Secretary

The membership secretary reported that at 1st July the club had 141 members. She asked it to be noted that any new members joining after 1st July would not be eligible to be included in the ballot for London Marathon club places.

1.6 Club Captains

Ladies: Kirsty Bailey reported;

The ladies had a good season – having been promoted to A division 1 last year they finished in 7th place just behind Portsmouth Joggers. The B team finished 11th of 14 teams. In the individuals there were 7 ladies in the top 100. Liz Steward 11th, Kirsty Bailey 33rd, Suzanne Richardson 36th, Mel Hunt 45th, Lisa Marie Peckover 56th, Claire Welch 82nd and Julia Revill 90th.

Some race dates for next season are already available and some open for entries, Kirstie will publicise so people can get their entries in early to avoid disappointment.

Men: Martin Shaw reported;

The men's A team finished in 4th place – level with Winchester on points. B team finished in 7th place and C team in 3rd.

In the individuals there were also 7 men in the top 100. Julian Manning 2nd, Gary Armstrong 24th, Matt Cheyney 26th, Paul Welch 43rd, Dan Shawyer 72nd, Paul Saunders 91st and Matt Madill 98th.

Gary, Paul and Brian Harris competed in all races. Attendance at races was very good with a slight blip at Netley, the standard to get in the C team is very high.

1.7 X-Country Representative.

The committee welcomed Paul Welch as the new Cross Country representative.

Paul had attended the annual meeting where the following races were agreed, none of which clash with HRRL races. They were asked if any other clubs wished to host a race but we agreed that Denmead would continue with just the Denmead 10k and not host a cross country.

Pamber Forest – 8th October 2017

QE Country Park – 12th November 2017

Bourne Woods – 10th December 2017

Lord Wandsworth College – 31st December 2017

Manor Farm Country Park – 21st January 2018

Polecat Valley – date to be agreed

1.8 Striders League. Graham Clarke sent the following report

Final report for 2016-17 Season

The last race of the 2016-17 League and HRRL season was the Lordshill 10k on 25th June, very well attended by 29 Striders.

Participation in the League races throughout the season has continued to be excellent with 80 Striders participating in at least one race. (In my first season as the league co-ordinator in 2010-11 there were 52 participants!). The average attendance in the road races has been 22 and in the cross country races 21. Participation bonus points for completing at least half the races have been awarded to 25 members in the road races and 12 members in the cross county races. Brian Harris, in true tradition, completed every possible road and cross country race achieving a steady performance throughout the season.

The new "extra" League race (chosen after some discussion last year to replace the Hayling 10m), the Fordingbridge Fire Station 10k did not prove to be popular, only three members participating. This was a shame as it was a most enjoyable race, lovely scenic course and relatively low key compared with the other races. The Striders would have walked off with all the prizes (Mel won the 1st ladies' vet)! Perhaps it was considered to be too far away so I think that next season the Committee should come up with an alternative race.

Striders' performances have increased significantly this year with Platinum Standard (9 league points) being achieved by Julian Manning (6 events), Mel Hunt (2 events) and Angie Agate (1 event). Gold standard (8 points) has been awarded 23 times and Silver (7 points) a staggering 100 times!

The competitive spirit has been very strong this year, particularly among the men and for the first time in the League's history we have a tie for first place! The final results for the top players are

LADIES

5 th	Suzanne Richardson	81 pts
4 th	Kirsty Bailey	90 pts
3rd	Liz Steward	93 pts
2nd	Lisa-Marie Peckover	122 pts
1st	Melanie Hunt	138 pts

MEN

5 th	Julian Manning	109 pts
4 th	Matt Cheyney	120 pts
3rd	Brian Harris	122 pts
1st=	Paul Welch	134 pts
1st=	Gary Armstrong	134 pts

Congratulations to all the above and everybody who took part in the competition!

Races for 2017-18 Season

There was some discussion around the additional races for the Striders League next season as the Portsmouth Coastal Half marathon would clash with Ryde 10m and an alternative was needed for Fordingbridge. It was agreed that the Striders League would be made up of the following races;

All HRRL races and Southern Cross Country races plus;

Alresford 10k (17th June)

Bramley 10/20 (11th February)

London Marathon/Southampton Marathon/Southampton Half Marathon (April)

1.9 Social.

Lisa Guile reported that the Christmas Party venue had been booked at the RNA Club, Waterlooville for 8th December. The venue has been recently refurbished and has a subsidised, separate bar. Nibbles on tables will be provided and there will be a raffle.

Next Rounders evening is 28th July. The revised date for Sports Day is 12th August but Terry will announce on Wednesday training to see if there is enough interest to go ahead.

Lee Weeks reported that the next curry night would be 1st September. There would be a drinks evening after Rounders on 28th July.

1.10 Publicity Officer

Sarah Heard was unable to attend the meeting. Sarah encouraged members to contact her if they have any issues with the website.

2.0 Coaching.

Gary McCawley reported that the new coaches had settled in well and were running sessions with confidence and authority. He is looking at routes around the Berewood Estate so that more of the winter session can be run there due to the increase in traffic around the business park. Hill and Time Trial sessions would continue in the normal places. The start of the time trial route would be used to get to Berewood to avoid crossing the busy road by the new businesses.

Gary is planning to undertake the CRIF course in early 2018.

Gary attended the HRRL AGM on 26th June. Points of interest are:

Salisbury are hoping to put in some road closures around the start of the 10 mile race.

Alton are reviewing the start of the Alton 10 in view of complaints about crowding.

Colin Goater remains as Chairman and Di Mattingly Secretary and Treasurer.

England Athletics are doing spot checks for all 10k races. We need to ensure we have all the correct certificates on display and all rules are adhered to, heavy fines are being imposed if we are in breach.

HRRL have funds and have asked for suggestions for better prizes for top places – they are considering training weekends or races abroad and additional prizes of mugs and t-shirts.

Races for the next season were agreed and would be the same as last years.

3.0 Club Kit.

Nothing to report – Online shops are running well.

4.0 Members Representatives.

No reported issues

5.0 A.O.B.

5.1 Newsletter – Claire wanted to check if the newsletter is still worthwhile and published at the right intervals. It was agreed that it is very worthwhile and everyone enjoys it.

5.2 Website – Some members were having difficulty opening some of the items on the website and there was a discussion about what we wanted to see on the website. As Sarah was unable to attend it was agreed that committee members would let Terry and Claire know what they wanted to see on the site so they could liaise with Sarah.

5.3 Butser Challenge – would be sponsored by The White Hart.

Next Meeting

3rd October 2017.

DENMEAD STRIDERS RUNNING CLUB
Income & Expenditure
For the period

01 January 2016
to 19 August 2016

	£		£
Balance 1st January 2016	3,533.63		
INCOME		EXPENDITURE	
Subs (2016)	3,002.00	Affiliations	
Subs (2017)	-	England Athletics	1,856.00
Interest received	-	E.A. Club Membership	100.00
		Hampshire AA	-
		SEAA	20.00
		Hants Road Race League	-
		SCCL	-
		Other	-
Sundries:		Sundries:	
Great South Run	-	Domain Name	9.67
Easy Fundraising	138.40	Unpaid Cheque fee	4.00
Other Income	-	Stationery & Printing	63.97
Other Income	-	Wine for Auditor	17.59
Other Income	-	Equipment	-
Extra Subs rec'd	5.00		
	-	Awards Night	739.00
Other	-	Coaching Courses	-
		Ryde 10	253.75
		Kent Road Race Transport	150.00
Club kit income	122.00	Club kit purchased	236.40
Club Income	3,267.40	Club running costs	3,450.38
Events:			
Denmead 10K	454.87	Denmead 10K	125.57
X Country	-	X Country	-
Social Events	-	Social Events	93.00
	3,722.27		3,668.95

Summary.....		
Club funds balance, at start of period	01 January 2016	3,533.63
Surplus / (Deficit) on club running costs		<u>(182.98)</u>
		3,350.65
Less social event costs		(93.00)
Denmead 10k surplus (to date)		329.30
Club funds held	19 August 2016	<u>3,586.95</u>