

## Denmead 10K – Sunday 15th October.- Entry Form

Enter online at [www.denmeadstriders.co.uk/denmead-10k](http://www.denmeadstriders.co.uk/denmead-10k)

250 entry limit. Medal for all runners. Age group prizes listed on website. Unsuitable for wheelchairs. Limited Parking. Minimum age 17 on race day. Use of headphones prohibited. UKA Licence No: 2017- 27470

Please complete in **BLOCK CAPITALS**

Last Name:.....

First Name:.....

Address:.....

Town.....Post Code:.....

Date of Birth:.....Age on Race Day:.....

Gender: Male / Female

Telephone.....Email.....

Affiliated Club Name:.....

Expected Time for 10K.....UKA Number:.....

**Declaration:** I agree to abide by the rules of UK Athletics and the event. I understand that I enter the race at my own risk and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to myself, prior to, during or after the event. I understand the organisers reserve the right to alter the arrangements and conditions should circumstances require. No refund can be given if the race is cancelled or postponed due to circumstances outside of our control. This information will be held in accordance with the Data Protection Act 1998 and will be used for the purposes of administration.

Signature:.....

Entry Fee: Affiliated Runners £12 Non-Affiliated Runners £14

Postal Entries should be sent to:

The Race Secretary, 2 Petersham Close, WATERLOOVILLE, Hants PO7 6ST

Cheques should be made payable to "Denmead Striders"

Further race information at [www.denmeadstriders.co.uk/denmead-10k](http://www.denmeadstriders.co.uk/denmead-10k)

Closing date for entries will be 2nd October or when the race entry limit is met.

Race numbers to be collected on the day from Race HQ.

The course closes at 11:30. Runners who expect to take longer than 90 minutes to complete the course must contact the Race Secretary to agree an earlier start time.