

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
John Aldwinkle	Parkrun						
	00:19:42						
Angie Agate				Alton	Ports Coastal		
				01:19:38	01:48:15		
Terry Aked	Parkrun	Hayling	Lordshill	Great South	Palma		
	00:23:28	00:42:32	00:53:50	01:24:04	01:58:39		
Gary Armstrong	Parkrun	Overton	Stubbington	Bramley	San Diego		
	00:17:36	00:29:34	00:36:33	01:00:46	01:20:40		
Lawrence Bacon				Great South	Ports Coastal		
				01:25:59	01:53:10		
Kirsty Bailey	Parkrun	Overton	Eastleigh	Great South	Palma	Bramley	Liverpool
	00:22:52	00:37:14	00:45:48	01:13:17	01:40:09	02:36:11	03:34:20
Mark Bailey					Palma		
					02:08:40		
Nick Bailey	Parkrun		Stubbington		Thorpe Park		
	00:32:40		01:08:28		02:45:30		
Andrea Berogna	Parkrun			Great South			
	00:29:16			02:27:09			
Richie Berogna	Parkrun						
	00:17:55						
James Berry	Parkrun	Hayling	Eastleigh	Alton			
	00:21:44	00:37:46	00:44:31	01:18:15			
Darren Butwell							
Jessica Brimecombe	Parkrun		Bognor	Great South			
	00:23:43		00:50:32	01:21:04			
Victoria Brind							
Ian Carden			Denmead	Great South			
			00:46:53	01:15:26			
Martin Carpenter		Hayling	Lordshill	Alton	Ports coastal	Bramley	Milton Keynes
		00:39:29	00:50:30	01:26:12	01:51:13	03:04:23	04:09:29
Gary Cassap							
Matthew Cheyney	Parkrun	Hayling	Lordshill	New Forest	Heyford Park	Bramley	London
	00:17:32	00:28:47	00:36:03	01:00:54	01:17:14	02:12:21	02:54:29
Graham Clarke	Parkrun		Stubbington	New Forest	Solent		
	00:26:59		00:51:18	01:26:17	01:51:54		
David Colenutt	Parkrun		Stubbington				
	00:26:32		00:52:33				

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Lee Collier-Williams	Parkrun						
	00:28:29						
Steven Colmer				Salisbury			Midnight
				01:32:27			05:27:10
Chris Cornwell	Parkrun	Hayling	Denmead	Great South	Solent		
	00:18:51	00:32:29	00:40:22	01:06:06	01:31:41		
Tracey Crank			Eastleigh	Alton			
			01:02:20	01:46:02			
Anita Crawley	Parkrun		Arundel	Ryde	Thames	Bramley	
	00:23:13		00:58:09	01:24:44	01:44:40	02:58:32	
Gary Edmonds	Parkrun		Stubbington		Meon Valley		
	00:20:42		00:42:09		02:01:56		
Christopher Ellis			St Georges	Great South			
			00:48:30	01:19:22			
Gillian Evans				Great South			
				01:44:26			
Wendy Evans					New Forest		
					02:02:51		
Kev Gale	Parkrun	Hayling	D-Day	Alton	Solent		Bournemouth
	00:18:42	00:30:30	00:38:42	01:04:07	01:26:45		03:07:37
Steven Gardener			Netley				
			00:50:38				
Amy Gaunt	Parkrun						
	00:24:25						
Richard Gray	Parkrun	Overton					
	00:24:55	00:40:18					
Sarah Hadfield		Hayling	Denmead		Ports Coastal		
		00:43:36	00:56:11		02:04:31		
Brian Harris	Parkrun	Overton	Eastleigh	Alton	Ports Coastal		
	00:30:32	00:51:31	01:03:44	01:46:52	02:26:14		
Kate Harris							
Neil Hawkins			Stubbington	Great South	Ports Coastal		
			00:48:24	01:25:11	01:52:15		
Colin Haynes	Parkrun						
	00:23:06						
Rory Heard		Overton	Stubbington	Ryde			
		00:37:49	00:44:46	01:15:50			
Sarah Heard							
Deland Hill			Hambleton	Harting	Meon Valley		Bournemouth

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Roland Hill			00:43:22	01:10:11	01:38:30		03:20:26

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Stuart Hoare	Parkrun	Overton	Stubbington	Ryde		Bramley	Brighton
	00:24:22	00:37:26	00:47:32	01:16:05		02:56:15	04:10:40
Trevor Holloway	Parkrun		Stubbington				
	00:22:28		00:47:16				
Melanie Hunt	Parkrun		Stubbington	Alton	Ports Coastal		
	00:23:20		00:48:03	01:23:26	01:50:21		
Sean James	Parkrun		Selsey				
	00:24:55		00:53:10				
Lizzie Jenner	Parkrun		Chichester				
	00:26:14		00:51:45				
Slavena Jenson		Midsummer	Chichester		Ports Coastal	New Forest	
		00:45:00	00:52:28		01:59:15	03:24:44	
Antony Johnson	Parkrun				Southampton		
	00:30:06				02:20:57		
Tillie Johnston	Parkrun	Hayling	Denmead	Great South	Meon Valley		London
	00:22:31	00:40:21	00:48:13	01:18:10	01:58:12		04:48:25
Ian Jones	Parkrun	Midsummer	Denmead	Great South			
	00:21:14	00:39:31	00:47:03	01:17:13			
Roger Jones	Parkrun	Overton	D-Day	Ryde	Worthing	Bramley	Paris
	00:20:39	00:34:28	00:43:11	01:18:48	01:32:01	02:49:36	03:57:37
Ruud Jonkers			Denmead				
			00:40:33				
Kate Lambert					Bath		
					02:24:20		
Brent Latham	Parkrun						
	00:25:31						
Tony Laurenson							
Gail Long							
Matthew Madill	Parkrun	Midsummer	Chichester	Great South	Worthing		
	00:19:44	00:33:52	00:40:31	01:11:28	01:30:25		
John Malthouse	Parkrun		Eastleigh	Alton	Solent		Brighton
	00:20:55		00:41:46	01:10:55	01:36:37		03:30:28
Julian Manning	Parkrun	Overton	Stubbington	Ryde	Solent		London
	00:16:28	00:26:46	00:33:41	00:56:05	01:15:15		02:50:22
Lee Mawson	Lakeside	Overton	Eastleigh	Harting	Solent		
	00:17:36	00:29:59	00:39:19	01:56:10	01:27:21		
Gary McCawley	Parkrun		Arundel	Ryde	Worthing	Bramley	Southampton
	00:23:07		00:56:33	01:18:28	01:43:52	02:56:58	03:57:41

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Martin McKinlay	Parkrun			Great South			
	00:20:16			01:06:57			
Alan McVittie							
Nicholas Minter	Parkrun						
	00:20:32						
Natalie March				Great South			
				01:34:33			
Rob Moore			Denmead	Great South			
			00:46:27	01:15:36			
Mike Nolan			Stubbington		Silverstone		
			00:46:10		01:50:55		
Sharon North	Parkrun						
	00:28:14						
Philip O'Connor	Parkrun		Stubbington	Ryde	Tunbridge Wells		
	00:19:31		00:39:03	01:08:26	01:30:56		
Daniella Offer		Overton			Silverstone		
		00:38:25			01:47:31		
Claire Parfitt					Ports Coastal		
					01:47:20		
Martin Parfitt				Great South	Royal Parks		Brighton
				01:06:59	01:30:34		03:21:43
Jenny Parks	Parkrun			Great South	Southampton		
	00:28:35			01:39:40	02:18:40		
Lisa-Marie Peckover	Parkrun	Hayling	Netley	Alton	Ports Coastal		
	00:24:37	00:39:45	00:50:09	01:26:12	01:58:13		
Mark Pelley							
Christine Perrior				Great South			
				01:46:54			
Darren Phillips	Parkrun		Stubbington	Great South			
	00:20:58		00:44:40	01:13:03			
John Rattley	Parkrun						
	00:27:51						
Sue Rattley	Parkrun						
	00:31:42						
Kev Raymond							
Julia Revill	Parkrun		Eastleigh	Ryde	Ports Coastal		
	00:30:05		01:01:41	01:42:38	02:17:36		
Suzanne Richardson		Overton	Stubbington	Salisbury	Solent	Bramley	Southampton

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Suzanne Richardson		00:38:11	00:46:36	01:19:55	01:47:23	02:52:21	03:49:50

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Lucy Rolfe	Parkrun		D-Day				
	00:27:32		00:56:13				
Jade Salters	Parkrun		Lordshill				
	00:29:06		00:55:36				
Dennis Sanderson	Parkrun						
	00:27:18						
Paul Saunders	Parkrun	Hayling	Stubbington	Ryde	Tunbridge Wells		Brighton
	00:19:12	00:32:54	00:40:05	01:12:00	01:35:14		04:10:18
Sara Saunders	Parkrun	Hayling	Stubbington				
	00:26:22	00:43:54	00:53:22				
Martin Shaw	Parkrun	Overton	Eastleigh	Alton	Solent		
	00:20:49	00:35:19	00:43:47	01:15:12	01:40:38		
Mike Shaw	Parkrun						
	00:31:08						
Daniel Shawyer	Parkrun	Overton	D-Day	Great South	New Forest		
	00:19:33	00:31:32	00:39:48	01:05:27	01:30:17		
Dan Starkey	Parkrun	Hayling	Denmead	New Forest	IOW		Bournemouth
	00:19:19	00:32:59	00:40:36	01:08:21	01:28:51		03:22:46
Liz Steward	Parkrun	Overton	Stubbington	Ryde	Heyford Park	Bramley	Eastbourne
	00:20:46	00:33:41	00:42:27	01:11:42	01:33:01	02:30:12	03:30:55
Sally Stone							
Claire Taylor				Ryde			
				01:28:48			
Linda Taylor	Parkrun	Overton	Eastleigh	Alton	Solent		Liverpool
	00:22:24	00:37:07	00:45:00	01:18:50	01:55:41		03:57:52
Lisa Taylor	Parkrun			Great South			
	00:22:44			01:26:39			
Michael Taylor	Parkrun		Lordshill				
	00:23:54		00:50:28				
Ali Thomas	Parkrun		Worthing	Great South			
	00:26:13		00:54:35	01:30:29			
Simon Toms	Parkrun		Stubbington	Great South			London
	00:19:28		00:39:48	01:07:22			03:39:20
Steve Trevena							Bournemouth
							04:29:12
Len Turrell			Denmead				
			01:07:09				

Fastest Times - 2017

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Marie Watkyns							
Lee Weeks	Parkrun 00:19:33			Ryde 01:05:59	Palma 01:28:18		
Clare Welch	Parkrun 00:27:58	Hayling 00:46:26	Eastleigh 00:56:57	Alton 01:35:09	Milton Keynes 02:13:02		
Paul Welch	Parkrun 00:18:41	Overton 00:33:31	Eastleigh 00:38:11	Ryde 01:04:06	Ports Coastal 01:27:56	Bramley 02:16:48	Milton Keynes 03:02:07
Grahame White							
Andy Weston							
Paula Weston							
Caroline Whiting	Parkrun 00:30:26						
Denise Williams	Parkrun 00:32:38						
Neil Williams		Hayling 00:30:57	RNLI 00:38:14	Great South 01:03:57	Meon Valley 01:27:11		
Emma Wilson	Parkrun 00:32:59					Kingston Lidl 03:40:30	London 05:29:30
Mark Wilson			Bognor 00:48:55	Great South 01:17:09	Bad Cow 02:26:41		
Rob Wilson	Parkrun 00:18:14	Hayling 00:30:46	Denmead 00:40:13	Great South 01:02:22	Solent 01:43:48		
Becki Wimsett		Hayling 00:45:13	Hundred Acres 01:13:52	Great South 01:34:59			
Jane Woodroof	Parkrun 00:27:09		Stubbington 00:56:45		Chichester 02:14:50		
Nicholas Woodroof	Parkrun 00:22:13				Chichester 01:53:11		