

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
1	7	00:34:05	James Baker	Chichester Runners & AC	M40	1	1
2	100	00:36:35	Julian Manning	Denmead Striders	M40	2	2
3	76	00:37:11	Damon Howard	City Of Portsmouth AC	M40	3	3
4	1	00:37:49	John Aldwinkle	Denmead Striders	M40	4	4
5	110	00:38:05	Ellis Meades-Woolley	Meon Valley Runners	MS	1	5
6	24	00:38:08	Daniel Burton	Arena 80 AC	MS	2	6
7	155	00:39:00	Gianni Shipp		M30	1	7
8	79	00:40:43	Clive Hutchinson		M50	1	8
9	158	00:41:08	Mark Smallwood		M40	5	9
10	52	00:41:45	Rob Fleming	Liss Runners	M40	6	10
11	86	00:42:39	Steve Knight		M40	7	11
12	69	00:42:40	Oliver Hill		MS	3	12
13	55	00:42:49	Tom Frost		M50	2	13
14	61	00:42:55	Nick Griffiths		M30	2	14
15	89	00:42:55	Tamara Lake	Liss Runners	F50	1	1
16	177	00:44:40	Paul Traill		M40	8	15
17	57	00:44:40	Alex Garbas		MS	4	16
18	64	00:45:57	Marcus Harding		MS	5	17
19	50	00:46:17	John Field	Denmead Striders	M40	9	18
20	49	00:46:21	david fell		M40	10	19
21	75	00:46:31	Matt Housden		M40	11	20
22	18	00:46:44	Tom Bolton		M30	3	21
23	91	00:47:12	robert langley	Portsmouth Joggers	M30	4	22
24	14	00:47:29	Graham Bell		M50	3	23
25	26	00:47:33	Colin Campbell		M40	12	24
26	181	00:47:37	Mark Tyrrell		M40	13	25
27	95	00:48:01	Craig Lodder	Portsmouth Joggers	M50	4	26
28	46	00:48:04	Ben Edmonds		MS	6	27
29	127	00:48:08	Bob Pentland	Portsmouth Joggers	M60	1	28
30	10	00:48:14	Chris Barnes	Totton RC	M50	5	29
31	19	00:49:09	Gavin Brett		M40	14	30
32	36	00:49:19	John Craig		M40	15	31
33	171	00:49:28	NATASHA SWAN	Seaford Striders RC	F40	1	2
34	3	00:49:45	David Almond		M40	16	32
35	170	00:49:55	Tim Sutton		M30	5	33
36	114	00:50:08	richard moore	Meon Valley Runners	M50	6	34
37	112	00:50:29	Charlie Middleton		F30	1	3
38	6	00:50:31	steve baker		M30	6	35
39	34	00:50:35	Mike Counsell		M30	7	36
40	143	00:50:58	Paul Reid		M40	17	37
41	53	00:51:10	chris ford		M50	7	38
42	106	00:51:20	Graeme McCartney	Denmead Striders	M40	18	39
43	161	00:52:17	Paul Smith		M30	8	40
44	105	00:52:26	COLIN MAYNE	Portsmouth Joggers	M50	8	41
45	80	00:52:32	Nick Jackson	Meon Valley Runners	M40	19	42
46	73	00:52:41	Lawrence Holbrough		M50	9	43
47	68	00:52:58	Alan Hill		MS	7	44
48	123	00:53:05	Phil Page	Stubbington Green Runners	M40	20	45
49	31	00:53:06	Virginia Collins	Totton RC	F60	1	4
50	152	00:53:08	Nick Savage		M40	21	46
51	116	00:53:46	Marcos Morley		M40	22	47
52	196	00:53:52	Robert Wright	Hedge End Running Club	M30	9	48

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
53	33	00:53:55	Richard Coote	Portsmouth Joggers	M40	23	49
54	51	00:54:10	Lauren Field	Denmead Striders	FS	1	5
55	139	00:54:18	Martin Randall		M50	10	50
56	137	00:54:33	Anthony Quinn	Portsmouth Joggers	M50	11	51
57	84	00:54:46	naomi keddie		F30	2	6
58	59	00:54:52	Samantha Goodchild	Portsmouth Joggers	F40	2	7
59	78	00:55:08	Sam Hurst		F30	3	8
60	54	00:55:26	Matt Fox		M30	10	52
61	184	00:55:55	sarah webber		F30	4	9
62	191	00:56:02	David Wood		M60	2	53
63	12	00:56:07	Michael Batchelor	Denmead Striders	M60	3	54
64	122	00:56:12	Chris Nightingale		M50	12	55
65	133	00:56:23	Donna Pike	Totton RC	F40	3	10
66	41	00:56:34	Michael Deller	Fareham Crusaders Running Club	M30	11	56
67	13	00:57:11	Charlie Beasy		MS	8	57
68	93	00:57:28	Matthew Lawes	Clanfield Joggers	M30	12	58
69	192	00:57:44	Michelle Wootton		F40	4	11
70	42	00:57:48	Sarah Deller	Fareham Crusaders Running Club	F30	5	12
71	60	00:57:50	James Goulsbra		M30	13	59
72	90	00:57:52	Kathryn Land		F40	5	13
73	131	00:58:02	James Phelan		M30	14	60
74	182	00:58:05	Colin Uwins		M60	4	61
75	154	00:58:10	Lee Serjent		M40	24	62
76	92	00:58:13	David Lawes		M30	15	63
77	140	00:58:17	Tracy Randall		F40	6	14
78	138	00:58:28	David Radford		M40	25	64
79	30	00:58:32	richard cole		M40	26	65
80	81	00:58:32	Jo Janiec		F30	6	15
81	70	00:58:39	John Hilton		M40	27	66
82	77	00:59:19	Helen Hubbard		F40	7	16
83	132	00:59:32	Mandy Phelan		F50	2	17
84	157	00:59:37	Lisa Slight	Victory AC	F40	8	18
85	195	00:59:45	Pip Wright		FS	2	19
86	25	00:59:47	Lyn Butler		FS	3	20
87	44	00:59:48	Sarah Doherty		FS	4	21
88	126	00:59:56	Debbie patching	Bognor Regis Tone Zone Runners	F60	2	22
89	87	01:00:08	Sarah Knight		F30	7	23
90	173	01:00:15	Angela Taylor		F50	3	24
91	153	01:00:22	Catherine Saville		F50	4	25
92	47	01:00:36	Andy Elder		M50	13	67
93	39	01:00:45	Shaun Curd		M50	14	68
94	38	01:00:46	Anna Curd		F50	5	26
95	74	01:00:49	Nicola Hope		F30	8	27
96	165	01:01:09	Michael Stares	Gosport Road Runners	M70	1	69
97	40	01:01:33	Christopher Deane		M50	15	70
98	136	01:01:43	Joe Pymont		M30	16	71
99	104	01:02:13	Grace Mason		F30	9	28
100	8	01:02:18	Stuart Bamberger	Stubbington Green Runners	M40	28	72
101	108	01:02:19	Sara McRitchie	Stubbington Green Runners	F40	9	29
102	156	01:02:22	Rachael Shipp		F30	10	30
103	21	01:02:28	Fiona Buck		F40	10	31
104	102	01:02:49	Paul Marshall		M50	16	73

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105	101	01:02:58	Alison Marshall		F50	6	32
106	194	01:03:04	Howard Wright	Victory AC	M70	2	74
107	130	01:03:31	Kevin Pettet		M40	29	75
108	129	01:03:33	Bev Pettet		F30	11	33
109	134	01:04:03	Julia potter		F40	11	34
110	48	01:04:23	Mike Faria		M40	30	76
111	119	01:04:31	Bryony Nellthorp		FS	5	35
112	151	01:04:32	Ursula Salero		F40	12	36
113	22	01:04:32	Victoria Bulbeck		FS	6	37
114	32	01:05:09	Anjella Coote	Portsmouth Joggers	F40	13	38
115	103	01:05:10	Daniel Martin-Corben		M40	31	77
116	88	01:06:24	Bob Knott		M40	32	78
117	125	01:06:37	susan Parker		F50	7	39
118	23	01:06:37	Sue Burley		F50	8	40
119	43	01:07:21	Gill Dickin		F50	9	41
120	169	01:07:29	Amanda Styles		F40	14	42
121	37	01:07:38	Michelle Cross		F50	10	43
122	172	01:08:17	nicky taylor	Portsmouth Joggers	F40	15	44
123	16	01:08:18	Martin Bigwood		M40	33	79
124	180	01:08:29	Liza Turner-Fruhwrith		F30	12	45
125	107	01:08:30	David McClean		M50	17	80
126	186	01:09:40	Michael Willers		M70	3	81
127	149	01:09:42	Pat Rochon		F30	13	46
128	193	01:09:58	Jenny Worrall		F40	16	47
129	56	01:10:12	Helen Fry	Hedge End Running Club	F40	17	48
130	141	01:10:38	Athena Ray		F30	14	49
131	15	01:10:38	Catty Bennett		F40	18	50
132	163	01:12:43	Adam Stanbridge		M40	34	82
133	142	01:12:43	Brian Rees		M60	5	83
134	82	01:12:55	Warren Johns		M40	35	84
135	185	01:13:16	Nuala Whitehead		F50	11	51
136	118	01:13:36	Rebecca Mottershead		FS	7	52
137	117	01:13:37	John Mottershead		M50	18	85
138	124	01:13:37	Archie Parker		MS	9	86
139	66	01:14:38	Michele Hewlett		F50	12	53
140	113	01:14:38	Linda Miller		F60	3	54
141	98	01:15:16	Joanne Macdonald	Portsmouth Joggers	F40	19	55
142	174	01:16:25	Lucy Thorpe		F30	15	56
143	85	01:16:25	Autumn Keeping		F30	16	57
144	29	01:16:38	Kirsty Cobb		F30	17	58
145	135	01:17:00	Tess Pritchard	Portsmouth Joggers	F40	20	59
146	146	01:17:00	Helena Roberts		F40	21	60
147	164	01:17:19	Sarah Stanbridge		F40	22	61
148	175	01:17:48	Sue Tingley		F60	4	62
149	9	01:18:50	Susan Barker		F60	5	63
150	150	01:20:54	Deborah Rowland		F40	23	64
151	128	01:21:03	Debbie Pentland	Portsmouth Joggers	F60	6	65