

# Denmead Striders Running Club

## Committee Meeting

Date: 10<sup>th</sup> April 2018

Location: Silvester Road, Waterlooville.

| Present      | Apologies     |
|--------------|---------------|
| Terry Aked   | Sarah Heard   |
| Tracey Crank | Lee Weeks     |
| Stuart Hoare | Martin Shaw   |
| Julia Revill | Gary McCawley |
| Clare Welch  | Lisa Guile    |
| Paul Welch   | Graham Clarke |
| Richard Gray | Mel Hunt      |
| Kirsty Aked  |               |
|              |               |
|              |               |

### 1. Committee Meeting.

#### 1.1 Club Chairman

As we enjoy a well earned rest from the HRRL and XC events along with some glorious weather, it's a good time to reflect on the successful running season we've just enjoyed. Both the mens and ladies teams seem stronger than ever and we've had some amazing team results at both the Hayling Billy 5 and the PJC Summer XC.

It has been great to see so many members, especially the newer faces, getting involved in both running and social events.

Many members who have been at the club for some time seem to be achieving PB's on an almost weekly basis. This I'm sure is partly down to a bit of friendly competition, along with the structured coaching sessions put together and executed by Gary and his team of coaches, all of whom I'd like to thank once again on behalf of our members.

I'd like to wish everybody an enjoyable summer break and look forward to seeing you all line up at Overton in September.

#### 1.2 Vice Chairman

The vice chairman was unable to attend and had nothing to report.

#### 1.3 Club Secretary

Matters Arising from 10<sup>th</sup> April meeting:

Revised membership form: The new membership form has been designed and will be put on the website. All new members will need to complete as well as members with any change of address, name etc.

Deposit Account: Stuart Hoare has looked at deposit accounts but they pay very little interest. It was agreed that he would open an HSBC deposit account where funds would be kept as contingency in case refunds were required for the Denmead 10k and to pay for coaching courses as required.

Men's D Team: **ACTION** – Martin Shaw to register when appropriate.

Cross Country Dates: See Cross country Rep report

EA Registration: Julia has established that individuals do not need to go on EA website and tick preferences for their registration to be counted.

Website Admin: Clare is doing the admin but wants some training to improve the look of the website. She will ask if there are any members who can help. **ACTION:** Clare to have an action plan to improve the website at the next meeting. Terry Aked is looking into changing the Facebook page from Stride and Rested to Denmead Striders.

#### 1.4 Club Treasurer

The accounts are appended. The only expenditure since the last meeting was the £500 donation to the Scouts. Denmead 10k entries have started to come in. It was agreed to put half the balance in a Deposit Account as contingency for refunds.

#### 1.5 Membership Secretary

Now have 159 members with 2 more to pay. Membership being paid direct to the bank is going well.

#### 1.6 Club Captains

Ladies: Kirsty Bailey reported

At the conclusion of the 17/18 Hampshire Road Race League our positions were:

Ladies A – Division 1 6<sup>th</sup> Place

Ladies B – Division 1 5<sup>th</sup> Place

Our Ladies A team moved up 1 place up on the previous season and ahead of Portsmouth Joggers and the B team was a whopping 6 places higher moving from 11<sup>th</sup> position to 5<sup>th</sup>!!

6 of our ladies completed 7 or more races to earn an individual position

Liz Steward 14<sup>th</sup>

Kirsty Aked 21<sup>st</sup>

Linda Taylor 29<sup>th</sup>

Daniella Offer 33<sup>rd</sup>

Suzanne Richardson 34<sup>th</sup>

Lisa-Marie Peckover 47<sup>th</sup>

We had a complete A team at all of the 12 league races

We had a complete B team at all but 2 of the 12 league races – Ryde (sold out early) and Netley (lots of Clanfield races that day and not a favourite course!).

We had 27 of our ladies compete at one or more of the HRRL races compared to 23 in the previous season.

The competition over the last couple of years has certainly stepped up and it makes me immensely proud of every one of our ladies that competed in this year's league and helped achieved such a fantastic result. Well done to our ladies teams!!

The biggest threat to maintaining our position next year is that the races are selling out much earlier so there is a risk that we could have incomplete teams due to missing out on race places. My plea to everyone is please, please enter the races as soon as you can and I am confident that we have the ability as a club to improve on our league positions next year!

#### Men:

Martin Shaw was unable to attend but reported:

The Men's teams in the HRRL again performed admirably well in the Striders league. The Men's A team finished 6<sup>th</sup> in the A division down from 4<sup>th</sup> in 16/17, a race clash between the Netley 10K and the considerably more local Clanfield challenge in all likelihood cost the team the 3 points that would have given them 5<sup>th</sup> place. The standout result for the A team was the Solent Half when they achieved 3<sup>rd</sup> place. The B team improved upon last season's position by 3 places coming 4<sup>th</sup> in the B Division 1 and the C team consolidated and again just missed out on promotion by coming in 3<sup>rd</sup> place for the second season running in the B Division 2. The results demonstrate a fantastic strength in depth in the club with the C team finishing above many clubs B teams and the B team finishing above some much bigger clubs 2nd teams.

Individually 15 male striders completed 7 races or more to qualify for the individual league and earn a much coveted HRRL mug! Performances of particular note were Julian Manning who finished in 2<sup>nd</sup> place overall in the men's League, the 10<sup>th</sup> season in a row where Julian has finished in the top 5 a truly amazing performance over 10 years, Matt Cheyney finished in 22<sup>nd</sup> place, Rob Wilson in 29<sup>th</sup>, Gary Armstrong in 34<sup>th</sup>, Lee Mawson in 39<sup>th</sup>, Kev Gale in 43<sup>rd</sup> and Chris Cornwell in 50<sup>th</sup>, a record number in the top 50 for Denmead.

Looking forward to the new season there are 2 races new to the league which should add a bit of variety for those who have competed in the league over a number of years. It should also be noted that participation has gone up in recent years and consequently the races are selling out so it is well worth signing up for them early to avoid disappointment.

#### 1.7 X-Country Representative.

Paul Welch reported that there was still no replacement for Bob Ayer.

Paul had attended the meeting on 30<sup>th</sup> May to confirm fixtures for the next season.

The agreed dates so far are:

|                 |                           |
|-----------------|---------------------------|
| Pamber Forest   | 28 <sup>th</sup> October  |
| QE Country Park | 11 <sup>th</sup> November |
| Bourne Woods    | 9 <sup>th</sup> December  |
| Lord Wandsworth | 30 <sup>th</sup> December |

Manor Farm, Polecat Valley and possibly Alton are still to be agreed.

#### 1.8 Striders League.

Graham Clarke was unable to attend but reported: The Lordshill 10k on 24<sup>th</sup> June was the last race of the HRRL events and also the last fixture in our Striders' League races.

Attendance at all the road and cross country races throughout the year has been excellent and the competitive spirit very strong!

Starting with a few statistics:

- 98 club members participated in at least one race during the season which is brilliant! (Last year it was 80.)
- 32 runners competed in at least half the road races or cross country races earning themselves bonus points. (25 last year)
- Members accumulated a total of 494 results amongst them,
- Standard was very high – 8 instances of platinum, 26 gold and 124 silver points were achieved.

The final results for the 2017-18 season are as follows:

### **LADIES**

|                         |                            |                |
|-------------------------|----------------------------|----------------|
| <b>1st</b>              | <b>Liz Steward</b>         | <b>132 pts</b> |
| <b>2<sup>nd</sup> =</b> | <b>Kirsty Bailey</b>       | <b>107 pts</b> |
| <b>2<sup>nd</sup> =</b> | <b>Lisa-Marie Peckover</b> | <b>107 pts</b> |
| 4 <sup>th</sup>         | Linda Taylor               | 102pts         |
| 5th                     | Tracey Crank               | 88pts          |

### **MEN**

|                       |                       |                |
|-----------------------|-----------------------|----------------|
| <b>1st</b>            | <b>Rob Wilson</b>     | <b>133 pts</b> |
| <b>2<sup>nd</sup></b> | <b>Matt Cheyney</b>   | <b>127 pts</b> |
| <b>3<sup>rd</sup></b> | <b>Gary Armstrong</b> | <b>125 pts</b> |
| 4 <sup>th</sup>       | Brian Harris          | 114 pts        |
| 5 <sup>th</sup>       | Paul Welch            | 107 pts        |

Congratulations to all the above and everybody who took part in the competition!

Special mention must be made of Brian Harris who completed 19 out of a maximum possible of 20 races and Rob Wilson who completed 18. Also Brent Latham and Brian Harris for completion of all the cross country races.

### **Rules and Races for 2018-19 Season**

It is now time for the Committee to decide on the League races for the 2018-19 season and, indeed, whether anyone would like to see any changes in the League rules. As far as I am aware, the Hampshire Road Race League fixtures for next year are the same as last year with TWO exceptions: the Eastleigh 10k and Hayling 10m have been replaced by the Alresford 10k and Fleet Half Marathon. Since the Alresford 10k is one of our additional races in the Striders' League, the simplest change to make would be to reinstate the Hayling 10 m in its place in the Striders' League. Other people may have other ideas – e.g. include the Eastleigh 10k, Hook 10 k, Selsey 10k, Portsmouth Half etc. Also, are people still happy to retain the London

M/Southampton M/Southampton Half option again? This was introduced as a bit of an experiment last year!

These points were discussed and it was agreed to leave the rules as they are. It was also agreed to include all HRRL races and swap Alresford for Hayling, and to keep the London/Southampton marathon/half options. It is believed that none of these clash with cross country dates although some are still to be agreed.

#### 1.9 Social.

Lisa Guile was unable to attend and had emailed to say that she wishes to stand down as Social Secretary. It was agreed that she would stay on until the AGM but as the Christmas Party is already booked there would be nothing for her to do. Tracey will email her to get the contact details for the RNA club so we can book it for the next AGM and Awards Evening. After some discussion the committee decided that we would not replace this position but club members would be invited to talk to us if they had any ideas for social events.

#### 1.10 Publicity Officer

Nothing to report.

#### 2.0 Coaching.

Gary McCawley was unable to attend and had nothing to report.

#### 3.0 Club Kit.

Online shops are working well. It was agreed to take this off the agenda.

#### 4.0 Members Representatives.

Nothing to report.

Richard Gray asked if Julia could provide statistics of the geographical location of membership. (Post meeting this has been done and is appended).

#### 5.0 A.O.B.

5.1 Terry Aked suggested that, as the summer Cross Country is on a training night and always well attended by striders the club could offer this as a free event for members. After some discussion the committee agreed that the club will buy 50 places and these will be offered to members on a first come, first served basis.

#### Next Meeting

9<sup>th</sup> October 2018.

**Denmead Striders****Income & Expenditure Summary, 1st January 2018 to****10 July 2018**

|                                     | <b>£</b>        | <b>£</b>          |
|-------------------------------------|-----------------|-------------------|
| Subscriptions, received             |                 | 3,275.00          |
| Less Paid to England Athletics      |                 | <u>(2,226.00)</u> |
|                                     |                 | 1,049.00          |
| <b>Other Income:</b>                |                 |                   |
| Easy fundraising                    | 104.49          |                   |
| Others                              | -               |                   |
| Interest received                   | -               |                   |
|                                     | <u>104.49</u>   |                   |
| <b>NET INCOME AVAILABLE TO CLUB</b> |                 | <u>1,153.49</u>   |
| <b>Less Expenditure</b>             |                 |                   |
| Affiliations                        | 100.00          |                   |
| Equipment                           | -               |                   |
| Sundry expenses                     | 156.08          |                   |
| Transport for Ryde Road Race        | 175.08          |                   |
| Other Costs                         |                 |                   |
| Awards night, Xmas & other events   | 1,170.55        |                   |
| Coaching courses                    | -               |                   |
| Denmead Scouts - donation           | 500.00          |                   |
|                                     | <u>2,101.71</u> |                   |
|                                     |                 | 2,101.71          |
| Operating Profit / (Loss)           |                 | <u>(948.22)</u>   |
| Denmead 10K (to date)               |                 | 363.74            |
|                                     |                 | <u>(584.48)</u>   |
| Bank Balance at                     | 01 January 2018 | 5,022.05          |
| Bank Balance at                     | 10 July 2018    | <u>4,437.57</u>   |

MEMBERSHIP LOCATION STATISTICS

|                 |     |
|-----------------|-----|
| Waterlooville   | 51  |
| Denmead         | 28  |
| Cowplain        | 16  |
| Clanfield       | 6   |
| Havant          | 6   |
| Purbrook        | 5   |
| Horndean        | 6   |
| Lovedean        | 4   |
| Portsmouth      | 3   |
| Chalton         | 3   |
| Fareham         | 3   |
| Hambledon       | 3   |
| Bedhampton      | 2   |
| Drayton         | 2   |
| Rowlands Castle | 2   |
| Soberton        | 2   |
| Cosham          | 1   |
| Southsea        | 1   |
| Stubbington     | 1   |
| Petersfield     | 1   |
| Exton           | 1   |
| Emsworth        | 1   |
| Somerset        | 1   |
|                 | 149 |

