| Name | Overton 5 | Solent Half | Gosport Half | Hayling 10 | Victory 5 | Stubbington 10k | Ryde 10 | Eastleigh 10k | Salisbury 10 | Alton 10 | Netley 10k | Lordshill 10k | Bramley 10/20 | London M/ Soton M/ Soton Half | Alresford 10 k | RRL Bonus Points | RRL Points Total | Basingsoke XC | QEC P XC | Farnham XC | Hart XC | Manor Farm XC | Haslemere XC | XC Bonus Points | XC Points Total | Total Points |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Liz Steward | 8 | 7 | 7 | 7 | 7 | 7 | 7 | 7 | 8 | 0 | 7 | 0 | 8 | 8 | 0 | 16 | 104 | 0 | 5 | 5 | 5 | 5 | 0 | 8 | 28 | 132 |
| Kirsty Aked | 7 | 7 | 0 | 7 | 7 | 7 | 7 | 7 | 7 | 0 | 7 | 0 | 8 | 6 | 0 | 15 | 92 | 0 | 5 | 0 | 5 | 5 | 0 | | 15 | 107 |
| Lisa-Marie Peckover | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 4 | 6 | 0 | 6 | 0 | 0 | 0 | 15 | 79 | 0 | 5 | 5 | 5 | 5 | 0 | 8 | 28 | 107 |
| Linda Taylor | 7 | 7 | 0 | 8 | 7 | 7 | 0 | 8 | 0 | 8 | 8 | 8 | 7 | 7 | 0 | 15 | 97 | 0 | 5 | 0 | 0 | 0 | 0 | | 5 | 102 |
| Tracey Crank | 0 | 0 | 0 | 6 | 0 | 6 | 0 | 0 | 6 | 6 | 6 | 6 | 6 | 6 | 0 | 12 | 60 | 5 | 5 | 0 | 5 | 5 | 0 | 8 | 28 | 88 |
| Daniella Offer | 7 | 6 | 0 | 7 | 7 | 8 | 0 | 7 | 8 | 0 | 0 | 7 | 8 | 6 | 0 | 14 | 85 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 85 |
| Suzanne Richardson | 7 | 7 | 7 | 7 | 7 | 7 | 0 | 0 | 7 | 0 | 0 | 7 | 7 | 7 | 0 | 14 | 84 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 84 |
| Clare Welch | 0 | 4 | 6 | 0 | 0 | 6 | 6 | 0 | 4 | 0 | 0 | 0 | 6 | 0 | 0 | 10 | 42 | 5 | 5 | 5 | 5 | 0 | 0 | 8 | 28 | 70 |
| Jenny Parks | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 6 | | 12 | 5 | 5 | 0 | 5 | 5 | 5 | 9 | 34 | 46 |
| Angela Agate | 0 | 0 | 0 | 8 | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 15 | 0 | 5 | 5 | 0 | 5 | 5 | 8 | 28 | 43 |
| Jane Woodroof | 0 | 0 | 7 | 0 | 0 | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 14 | 0 | 5 | 5 | 5 | 5 | 0 | 8 | 28 | 42 |
| Melanie Hunt | 0 | 9 | 9 | 8 | 0 | 8 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 34 | 0 | 5 | 0 | 0 | 0 | 0 | | 5 | 39 |
| Julia Revill | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 6 | 5 | 0 | 5 | 5 | 5 | 0 | 8 | 28 | 34 |
| Anita Crawley | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 8 | 0 | 0 | 0 | 7 | 7 | 0 | | 22 | 0 | 5 | 0 | 0 | 0 | | | 5 | 27 |
| Slavena Jensen | 0 | 4 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 6 | 0 | | 22 | 0 | 5 | 0 | 0 | 0 | | | 5 | 27 |
| Amy Gaunt | 0 | 0 | 0 | 0 | 6 | 6 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 18 | 0 | 0 | 0 | 0 | 0 | | | 0 | 18 |
| Christine Perrior | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | | 6 | 5 | 5 | 0 | 0 | 0 | | | 10 | 16 |
| Hannah Curtis | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 7 | 0 | | 13 | 0 | 0 | 0 | 0 | 0 | | | 0 | 13 |
| Jessica Brimecombe | 0 | 0 | 0 | 0 | 0 | 7 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 13 | 0 | 0 | 0 | 0 | 0 | | | 0 | 13 |
| Tillie Johnston | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | | 12 | 0 | 0 | 0 | 0 | 0 | | | 0 | 12 |
| Lizzie Jenner | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 7 | 0 | 0 | 0 | 0 | 0 | | | 0 | 7 |
| Sally Rowe | 0 | 0 | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 7 | 0 | 0 | 0 | 0 | 0 | | | 0 | 7 |
| Emma Wilson | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 6 | 0 | 0 | 0 | 0 | 0 | | | 0 | 6 |
| Hanna Gray | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 6 | 0 | 0 | 0 | 0 | 0 | | | 0 | 6 |
| Claire Parfitt | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | | 6 | 0 | 0 | 0 | 0 | 0 | | | 0 | 6 |
| Caroline Whiting | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | | 6 | 0 | 0 | 0 | 0 | 0 | | | 0 | 6 |
| Helena Bolam | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | | 6 | 0 | 0 | 0 | 0 | 0 | | | 0 | 6 |
| Sara Saunders | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 5 | 0 | 0 | 0 | 0 | | | 5 | 5 |
| Shari North | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 5 | 0 | | | 5 | 5 |
| Gemma Heaps | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 5 | | | 5 | 5 |
| Simone Shepherd | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 4 | 0 | 0 | 0 | 0 | 0 | | | 0 | 4 |
| Becki Wimsett | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 4 | 0 | 0 | 0 | 0 | 0 | | | 0 | 4 |
| Andrea Beroqna | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | 4 | 0 | 0 | 0 | 0 | 0 | | | 0 | 4 |
| Sarah Hadfield | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0 | | 4 | 0 | 0 | 0 | 0 | 0 | | | 0 | 4 |
| Sophie Allen | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0 | | 4 | 0 | 0 | 0 | 0 | 0 | | | 0 | 4 |