

Denmead Striders Running Club

Annual General Meeting 2018

Friday 16th March 2018, 7.00pm at RNA Club, Waterlooville.

Minutes

The Chairman, Terry Aked, opened the A.G.M. at 19.00. He reported as follows;
Welcome to our AGM and thank you for coming.

After a 2016 full of change, 2017 was much more stable. We have seen a good number of new faces arrive at the club and this has meant both our men's and ladies teams are now showing real strength and depth.

The coaching schedules put together by Gary McCawley, and executed by his team have once again proved very popular, and the winter training at Berewood has been much safer.

October saw yet another highly successful Denmead 10k which sold out for the first time. Under the watchful eye of Rory Heard and his team, the race is becoming a firm favourite among local runners and we look forward to another great event this year.

1.1 & 1.2 2017 AGM minutes – Matters arising.

There were no matters arising from the previous AGM. The minutes from the previous AGM (18/03/2017) were agreed and signed as a representative account of the meeting.

2. Reports from Committee members.

2.1 Club Secretary – Tracey Crank

With The General Data Protection Regulation (GDPR) coming into effect from May 2018 the secretary put a Data Protection Policy statement to the committee for approval. After some discussion it was agreed that the policy would be extended to include data gathered for the Denmead 10k and then it will be published on the club website. New membership forms would be used from this year to ensure data is gathered in accordance with the regulation.

The committee had discussed changes to the constitution regarding allocation of London Marathon places in light of the reduction in places allocated. The committee had agreed that members would need to have been a paid up member for the past 3 consecutive years to qualify for the draw and anyone who had had a club place in the past 5 years would not be eligible to take part. After some discussion the changes were agreed and the revised constitution will be published on the web site.

2.2 Treasurer – Stuart Hoare.

For the past year the club remains in a healthy financial state, as shown on the income and expenditure accounts appended to the minutes.

Membership subscriptions were raised from £22 to £24 to cover the increase in England Athletics membership rates. Although there was a further increase this year the club did not pass this on to members and kept the subscription at £24.

The club has spent slightly more than it received in the year.

Main costs were

Coaching courses

Equipment purchases – Running road signs £160 & pop up tent £40

Social events are pretty much self funding, due to funds received on the raffle (Cost £399, Raffles £296)

Easy Fundraising generates in excess of £200 per year

Denmead 10K surplus this year at £1,970 is reported higher due to the cost of the medals being included in the prior year. The event is anticipated to achieve a surplus of £1,200 to £1,400 per year, depending on the costs and participants.

2.3 Membership Secretary – Julia Revill.

Another good year in the club with 162 members, which is our greatest number to date. I feel this may be exceeded in 2018.

It was unfortunate that we only qualified for 1 London Marathon place and I will update our membership numbers on our EA site as often as possible over the summer in the hope that we are able to get 2 places again. It does not help that we do not know what the that number is!

I wish everyone a great running and injury free 2018.

2.4 Publicity – Sarah Heard

Membership has remained at a very healthy level this year so publicity efforts have not been required. Denmead Striders continue to enjoy good exposure in local news, with the Denmead 10k and frequent coverage of notable performances by club members at local races.

2.5 Club Captains

Kirsty Bailey

Past Season

A solid performance for our ladies teams' in HRRL 16/17 season. Our A team finished 7th out of 10 teams in A Division 1 and our Ladies B team ended up 11th out of 15 teams in B Division 1. We had complete teams at all but 2 of the 12 HRRL races.

There were 7 ladies that competed at 7 or more races and qualified for the individual league positions:

Liz Steward 11th

Kirsty Bailey 33rd

Suzanne Richardson 36th

Mel Hunt 45th

Lisa-Marie Peckover 56th

Clare Welch 82nd

Julia Revill 90th

Lisa Peckover also competed at all 12 HRRL races.

Current Season

Our ladies team performance in the league goes from strength to strength and despite fierce competition and new clubs joining the league this season, we are maintaining a strong position in the current 2017/18 Season.

Our A team is up at 5th position out of 10 teams in A Division 1 and our B team is storming B Division 1 at 3rd position out of 15 teams!

We have had complete teams at all but one race where we were 1 short at Ryde due to illness.

Stubington 10k in particular was a notable performance where the 6 ladies that made up our teams all finished within 2 minutes of one another!

In the individual league:

Liz Steward and Lisa-Peckover have both competed in all 7 races. And we have another 11 ladies who potentially still can complete the minimum 7 races to qualify in the individual league. A further 10 Striders completed 1 race.

Liz Steward 34th position
Kirsty Bailey at (6 races) 59th
Suzanne Richardson (6 races) 77th
Linda Taylor (5 races) 97th
Angie Agate (2 races) 115th
Daniella Offer (5 races) 116th
Mel Hunt (4 races) 123rd
Lisa Marie Peckover (7 races) 140th
Amy Gaunt (2 races) 146th
Jane Woodroof (2 races) 226th
Slavena Jensen (2 races) 242nd
Clare Welch (4 races) 258th
Tracey Crank (2 races) 313th

I am confident that we will end the season higher in the league tables than last year. And I would to say a personal thank you to all the ladies who have taken part in the races – you are all fabulous runners and we have a great team spirit – you all make me incredibly proud to be our ladies captain!

Martin Shaw

During the 2016/17 Hampshire Road Race League season the men's A team finished in 4th position in the A Team Division 1 up 2 places from the previous 4 seasons when on each occasion they finished 6th and the A team's best position since the 2010/11 season. The B team finished in 7th position in the B Division 1, again up 2 positions from the previous season.

The C Team finished 3rd in the B Division 2 up one place from the previous season but just 1 place away from promotion to Division 1.

Of particular note was the outstanding performance of Julian Manning who finished 2nd in the individual league.

Among our other top performers in the individual league were Gary Armstrong in 24th place, Matt Cheyney in 26th and Paul Welch in 43rd. Gary and Paul, along with Brian Harris completed all 12 of the Road Race league races meaning that Denmead Striders had 30% of all the men that completed all 12 races.

Overall last season saw significant improvement in the finishing positions of all 3 teams, this has continued into the current season with the A team currently in 5th position in the A Division, the B team is in 3rd position in the B Division 1 and the C team 2nd in the B Division 2. With 5 races still to go there is still time to consolidate or improve these

positions and I hope again next year to be able to report more successes in the Road Race League.

2.6 XC Representative – Paul Welch

Firstly I'd like to thank Graham for an excellent job over the previous five and a half years, they are indeed very big trail shoes to fill!

My main focus was to carry on the good work that Graham has already done by trying to encourage as many Striders as possible to participate by any means possible, I think for the main part this was a success.

We fielded full teams in all but one of the six races and the one we didn't (Polecat Valley) we were just one lady short. I'll take some of the blame for this as Clare and myself couldn't attend due to social commitments.

Haslemere won the league with Basingstoke in 2nd and Hart Road Runners in 3rd. We finished a respectable 10th out of 24 teams. Our best men's finish was 7th place at Lords Wandsworth and the ladies bettered that by finishing 5th at Manor Farm.

We had a total of 38 men and 17 women competing in at least one race this season, of which 17 completed four or more races, which scores them bonus striders points. We had three runners (Nick Minter, Rob Wilson and Jenny Parks) complete five races and two runners (Brent Latham and Brian Harris) complete all six, so very well done to all of them.

I'd particularly like to mention Angie Agate and again Jenny Parks who were the only two ladies to turn up to the final race and without them our final league position may have been considerably worse, just goes to show that every single Strider that races makes a difference.

Finally I'd like to thank everyone for turning up to support the club at these races, a couple of which were pretty hairy in places due to some rather inclement weather but I think that that just adds to the fun.

I'm looking forward to next year already

2.7 Coaching – Gary McCawley

As another year passes the Denmead Striders coaching team increased its numbers with the three new coaches Kirsty Bailey, Paul Welch and Rory Heard all establishing their roles within the club. The club now has a team of nine qualified coaches this is a great resource for a small club.

A couple of the coaches would like to further their knowledge and qualifications.

Therefore, I would like the committee to consider this within their financial budget for the coming year.

This year the club moved to a new winter venue at Berewood, which has been greeted positively by club members. It has been a learning curve for me as well and next year's winter session will be adapted to suit the new venue.

Over this past year I have seen club members benefit from our training sessions.

Watching these members progress as I take a session has been very rewarding, especially those that joined as casual runners and have now turned into competitive athletes. The club has also benefitted with strong results in the Hampshire Road Race League and the Southern XC League.

The 2018 summer schedule is almost complete and will be published within the coming week. It includes the usual mix of intervals, hills and handicap races and this year the schedule sees the return of the 10K endurance session.

Finally, I would like to take the opportunity to thank the team for all their efforts and hard work throughout the year. Having a proactive and helpful team makes my role very easy.

Pete Maisey added that the coaches were really happy with the schedules that Gary puts together.

3. Affiliation to the HRRL and SCCL for 2018/19

The Club Chairman put forward a proposal that the club remained in the HRRL and the Southern Counties Cross Country League for 2018/19 season.

Proposed: Gary McCawley

Seconded: Julia Revill

The proposal was put to the A.G.M. and agreed.

4. Election of Officers.

All current committee members were happy to continue in their roles.

The chairman asked if anyone else wanted to put their names forward for any of the positions which would result in an election being held.

Position	Elected Officer
Chairman	Terry Aked
Vice Chairman	Lee Weeks
Treasurer	Stuart Hoare
Club Secretary	Tracey Crank
Membership Secretary	Julia Revill
Club Captains	Martin Shaw & Kirsty Bailey
XC Representative	Paul Welch
Club Kit	Terry Aked
Newsletter Representative	Clare Welch
Publicity Officer	Sarah Heard
Website	Sarah Heard
Members Representative	Mel Hunt
Members Representative	Richard Gray

With no further changes the above officers were appointed.

5. Health and Safety – Lee Weeks

There were no notifiable occurrences during the year. Berewood was thought to be a safer winter training venue but as more areas are finished traffic is increasing so would need to be re-assessed before next winter. Coaches are able to identify and mark hazards while marking the course. It was agreed that runners would continue to be encouraged to wear hi-viz.

6. Website Update – Sarah Heard.

The website appears to be running well. Clare Welch and Rory Heard are putting updates on when required. There are no planned changes.

7. Club Newsletter – Clare Welch.

Nothing to report. The newsletter is going well and is well received.

8. A.O.B.

8.1 Charity Donations. As the club has surplus funds as a result of the Denmead 10k it was proposed that we make a charitable donation to a local cause. After some discussion it was agreed to make a one off donation of £500 to Denmead Scout Group.

8.2 Winter Training Venue. Steve Trevenna suggested approaching the council to see if we could get an 800 metre, lit area in one of the new housing estates under section 106. Steve agreed to put something together and bring it to committee to get underway.

8.3 Second Greeter. It was suggested that we had a second 'greeter' for new members when Steve Trevenna is not at Wednesday training. Julia Revil kindly agreed to take this on.

9. Chairman's Closing Remarks.

That concludes our AGM.

It just remains for me to thank the coaches, committee and everybody else that keeps us and the club running, and wish you all a successful and healthy 2018.

We will have a short break before we get underway with our awards extravaganza!!

Meeting closed at 19.55

DENMEAD STRIDERS RUNNING CLUB			
Income & Expenditure			
01 January 2017			
to 31 December 2017			
			2016
	£	£	£
Balance held, 1 January 2017			
Balance at Bank		3,422.77	3,540.63
Cash in hand		90.00	-
		<u>3,512.77</u>	<u>3,540.63</u>
Income			
Subscriptions	3,296.00		3,277.00
Great South Run	300.00		300.00
Easy Fundraising	209.37		218.22
Other	-		-
	<u>3,805.37</u>		<u>3,795.22</u>
Running costs of the club			
Affiliations & memberships	2,272.00		2,227.00
Coaching course	420.00		-
Gazebo	-		691.97
Equipment, etc.	199.85		64.36
Stationery & other costs	37.97		63.97
Website/Domain	-		36.87
Awards night costs	897.69		814.00
Social events	102.72		455.75
Ryde Road Race transport	252.74		253.75
Kent Road Race, transport contribution	-		150.00
Club Kit	-		114.40
Independent examiner's gift	25.00		17.59
Other costs	58.30		4.00
	<u>4,266.27</u>		<u>4,893.66</u>
Club running deficit in the year		(460.90)	(1,098.44)
Denmead 10K, surplus		1,970.18	1,070.58
Balance of the Club, 31 December 2016		<u><u>5,022.05</u></u>	<u><u>3,512.77</u></u>
Represented by:		£	£
Balance at Bank		5,022.05	3,422.77
Cash in Hand		-	90.00
		<u><u>5,022.05</u></u>	<u><u>3,512.77</u></u>

I confirm that these accounts, consisting of the Income and Expenditure Account are in accordance with the books and records as presented to me.

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Mrs Claire Lewis (accountant)
Independent Assessor