

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Gordon Abram				Alton 01:25:21			
Angie Agate	Parkrun 00:23:32	Purbrook 5 00:43:49			QE Spring 02:05:25		
Kirsty Aked	Parkrun 00:21:29	Hayling 00:39:03	Stubbington 00:44:11	Hayling 01:09:25	Windsor 01:37:18	Bramley 02:36:29	London 04:14:44
Terry Aked	Parkrun 00:23:46	Hayling 00:40:36	Chilly Hilly 01:11:34	Bramley 01:22:47	Windsor 01:51:30		
Damion Allen	Parkrun 00:22:31						
Sophie Allen	Parkrun 00:26:52			Great South 01:28:05	Southampton 02:05:13		New Forest 05:11:33
Gary Armstrong	Great Run Local 00:17:56	Hayling 00:29:35	RNLI 00:37:09	Great South 01:01:01	Solent 01:23:34	Bramley 02:32:06	London 03:46:37
Lawrence Bacon				Great South 01:26:44	Ports Coastal 02:00:08		
Nick Bailey	Parkrun 00:34:15	Gravel Hill 01:08:17	Lordshill 01:14:13	Great South 02:09:16	Great North 03:08:53		Boston 07:01:04
Gavin Baker							Southdowns 05:59:08
James Berry	Parkrun 00:23:09						
Helena Bolam	Parkrun 00:26:36		Lordshill 00:53:03	Great South 01:33:30			
Graham Bowpitt	Parkrun 00:20:30		Grand Western 00:53:47		Casterbridge 01:54:26		Giants Head 05:26:22
Darren Butwell	Great Run Local 00:19:59				Solent 01:33:57		
Jessica Brimecombe	Parkrun 00:21:59		Stubbington 00:46:00				
Katie Brown	Gosport 5K 00:31:17						
Victoria Brind				Great South 01:22:35			
Simon Burrough	Great Run Local 00:19:15		Ageas 00:39:41	Hayling 01:07:24	QE Spring 02:01:33		
Ian Carden					Ports Coastal 01:45:16		
Martin Carpenter					Ports Coastal 01:58:37		Bournemouth 04:42:57

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Kate Caswell		Purbrook 5					
		00:43:01					
Adam Chant	Parkrun	Hayling	RNLI	Great South	Solent		
	00:17:20	00:29:50	00:36:45	01:01:12	01:22:43		
Matthew Cheyney	Parkrun	Midsummer	Ageas	Hayling	Thorpe Park	Bramley	New Forest
	00:17:44	00:29:31	00:36:41	01:00:35	01:20:28	02:14:58	02:52:38
Graham Clarke	Parkrun	Overton	Eastleigh	Salisbury	Ports Coastal		London
	00:24:57	00:42:19	00:48:54	01:26:49	01:56:32		04:27:36
James Cocksedge	Parkrun		Bognor	Great South			
	00:23:00		00:47:37	01:22:24			
David Colenutt	Parkrun						
	00:27:23						
Steven Colmer			Stubbington				
			00:46:49				
Nick Constable					QE Spring		
					02:26:28		
Chris Cornwell	Great Run Local	Hayling	Ageas	Salisbury	Ports Coastal		
	00:18:01	00:31:20	00:38:30	01:03:50	01:26:48		
Tracey Crank			Netley	Salisbury	Southampton		
			00:59:11	01:42:22	02:26:31		
Anita Crawley	Parkrun	Overton		Salisbury	Farnborough	Bramley	Southampton
	00:24:39	00:43:25		01:21:46	01:52:05	03:07:11	04:34:23
Hannah Curtis	Parkrun		Knowle	Great South			Southampton
	00:23:44		00:43:39	01:15:39			03:37:16
Vikki Deane				Great South			
				02:30:23			
Gary Edmonds	Parkrun		Eastleigh	Great South	Southampton		
	00:20:26		00:42:25	01:11:52	01:42:49		
Christopher Ellis			Stubbington	Great South	Ports Coastal		London
			00:50:02	01:50:42	02:13:41		04:34:44
Kev Gale	Parkrun	Hayling	Lordshill	Hayling	Solent		Midnight
	00:19:18	00:31:35	00:38:09	01:04:57	01:29:42		04:53:13
Steven Gardener			Stubbington				
			00:47:43				
Amy Gaunt	Parkrun	Overton	Stubbington				
	00:23:49	00:42:36	00:51:43				
Richard Gray			Chichester				
			00:51:45				
Sarah Hadfield					Farnborough		
					02:06:27		
Sasha Harding	Parkrun						
	00:24:37						
Michael Hatch				Great South	Southdowns		London
				01:09:16	01:41:39		04:35:41
Robert Harkness	Great Run			Great South	Liverpool		London
	00:19:49			01:05:22	01:29:24		04:35:41

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Brian Harris	Parkrun	Overton	Eastleigh	Salisbury	Solent		
	00:30:41	00:55:10	01:09:41	01:55:56	02:23:41		
Michael Harrison	Great Run Local	Butser	Denmead	Harting			
	00:19:51	00:43:11	00:42:36	01:19:01			
Colin Haynes	Parkrun		Stubbington	Great South			
	00:22:53		00:51:36	01:21:43			
Rory Heard		Overton	Chilly Hilly	Ryde	Hampton		Brighton
		00:41:06	00:59:57	01:21:23	01:53:43		04:10:45
Gemma Higgs			00:47:54				
Roland Hill	Parkrun		Stubbington		Worthing		Yorkshire
	00:20:23		00:38:58		01:25:57		03:05:54
Stuart Hoare	Parkrun	Overton	Stubbington	Hayling	Solent	Bramley	Paris
	00:25:39	00:41:38	00:47:54	01:22:15	01:53:23	02:50:03	04:18:08
Trevor Holloway	Parkrun						
	00:23:20						
Melanie Hunt	Parkrun		Stubbington		Ports Coastal		
	00:23:20		00:48:25		01:48:01		
Lisa Hutton				Southdowns	Ports Coastal		
				02:01:47			
Sean James	Parkrun		Lymington	Great South			
	00:25:11		00:53:01	01:30:05			
Malc Janiec				Great South			
				01:26:08			
Slavena Jenson	Parkrun		Lordshill				Berlin
	00:25:27		00:52:55				04:19:35
Antony Johnson	Parkrun						
	00:30:28						
Tillie Johnston	Parkrun	Hayling	Rememberence	Great South	Big Half		
	00:21:34	00:35:29	00:47:28	01:13:42	01:43:17		
Carol Jones							
Ian Jones	Parkrun						
	00:21:35						

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Roger Jones	Parkrun						
	00:20:46						
Ruud Jonkers	Lakeside Series	Hayling	Denmead	Great South	Solent		
	00:17:55	00:31:15	00:39:17	01:04:31	01:25:39		
Brent Latham	Parkrun						
	00:24:13						
Tony Laurenson	Parkrun	Overton					
	00:25:00	00:48:56					
Tina Lowe				Great South			
				01:27:56			
Matthew Madill	Parkrun	Midsummer	Wyvern	Hayling	Maidenhead	Bramley	Manchester
	00:18:50	00:31:37	00:39:50	01:05:16	01:28:14	02:39:33	03:27:32
Peter Maisey	Parkrun						
	00:29:57						
John Malthouse	Parkrun		Stubbington	Great South			Southampton
	00:21:15		00:42:33	01:11:56			03:39:42
Julian Manning	Parkrun	Hayling	Stubbington	Salisbury	Malta		London
	00:16:24	00:27:23	00:33:14	00:54:40	01:13:07		02:53:42
Natalie March				Great South			
				01:31:26			
Lee Mawson	Parkrun	Hayling	Stubbington	Great South	Surrey		Manchester
	00:18:52	00:30:48	00:37:35	01:04:47	01:26:40		03:26:40
Gary McCawley	Parkrun	Overton		Salisbury	Farnborough	Bramley	Southampton
	00:23:19	00:42:22		01:20:10	01:45:25	03:09:13	05:00:09
Martin McKinlay	Parkrun		Hundred Acres	Great South	Ports Coastal		
	00:20:47		00:41:13	01:07:16	01:31:51		
Alan McVittie				Harting	Solent		
				01:20:45	01:38:46		
Peter Murphy	Parkrun						
	00:28:47						
Nicholas Minter	Parkrun	Gravel Hill	Ageas	Salisbury	Solent		
	00:19:10	00:37:36	00:40:16	01:10:22	01:35:42		03:37:46
Rob Moore		Overton	Eastleigh	Great South			
		00:34:00	00:42:10	01:06:44			
Rose Morris	Gosport 5K		Stubbington				
	00:31:17		00:44:24				
Mike Nolan			Stubbington	Salisbury			
			00:51:59	01:33:14			
Sharon North	Parkrun						
	00:28:20						
Philip O'Connor							

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Daniella Offer			Stubbington 00:45:18	Salisbury 01:16:25	Thorpe Park 01:38:58	02:43:36	London 04:10:28
Claire Parfitt				Great South 01:19:52			London 04:23:41
Martin Parfitt	Parkrun 00:23:24			Great South 01:08:08	Ports Coastal 01:32:02		Southampton 03:41:58
Jenny Parks	Parkrun 00:29:30		Arlesford 00:57:29	Great South 01:31:28	Solent 02:05:16		
Catie Pettit			Porchester 00:57:24				Bouremouth 04:25:26
Lisa-Marie Peckover	Parkrun 00:22:44	Hayling 00:39:26	Ageas 00:46:10	Great South 01:16:12	Thrive 01:39:19		Brighton 04:20:14
Mark Pelley	Parkrun 00:32:36			Ryde 01:44:19			
Christine Perrior			Netley 01:03:29	Great South 01:32:36			
Darren Phillips			Chichester 00:44:34	Great South 01:20:09	Southampton 01:57:27		
Joe Pymont			Wickham 01:00:38	Great South 01:48:55			
John Rattley	Parkrun 00:36:57						
Sue Rattley	Parkrun 00:30:28						
Kev Raymond	Parkrun 00:22:07	Gravel Hill 00:40:47		Harting 01:22:51			
Julia Revill	Parkrun 00:32:05		Hambledon 01:10:56	Great South 01:48:25			
Suzanne Richardson	Great Run 00:22:17	Overton 00:37:50	Stubbington 00:46:17	Salisbury 01:18:22	Solent 01:43:22	Bramley 02:45:19	London 03:53:00
John Rogers	Parkrun 00:22:37			Alton 01:15:11			
Sally Rowe					Solent 01:50:07		
Jade Salters							
Dennis Sanderson	Parkrun 00:28:09	Overton 00:48:55					
Paul Saunders	Parkrun 00:19:04	Hayling 00:32:57	Chilly Hilly 00:51:29		Tunbridge Wells 01:28:58		Manchester 03:42:38
Sara Saunders	Parkrun 00:25:49						

Fastest Times - 2018

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Lee Weeks	Parkrun			Salisbury			
	00:19:28			01:03:49			
Clare Welch	Parkrun	Hayling	Stubbington	Hayling	Casterbridge		Brighton
	00:26:00	00:43:22	00:54:29	01:29:17	02:24:22		04:32:31
Paul Welch	Parkrun	Hayling	Stubbington	Salisbury		Bramley	Dorchester
	00:19:36	00:32:08	00:38:54	01:05:36		02:22:14	03:37:42
Grahame White	Parkrun						
	00:24:58						
Caroline Whiting	Parkrun		Arlesford				
	00:30:33		00:59:08				
Denise Williams	Parkrun						
	00:33:33						
Neil Williams	Parkrun	Hayling	RNLI	Great South	Solent		
	00:17:55	00:28:34	00:35:55	00:59:11	01:19:09		
Emma Wilson				Great South	Casterbridge		
				01:50:55	02:33:43		
Mark Wilson	Parkrun		Stubbington	Great South	Casterbridge		Paris
	00:26:03		00:47:30	01:33:39	02:16:52		04:27:16
Rob Wilson	Parkrun	Hayling	Stubbington	Great South	Solent		
	00:18:08	00:30:11	00:37:28	01:01:50	01:24:24		
Becki Wimsett			Stubbington				
			01:06:00				
Harry Woodroof	Parkrun		Serpentine	Harting			
	00:24:58		01:10:38	01:33:47			
Jane Woodroof	Parkrun		Stubbington	Harting			
	00:27:18		00:55:27	01:50:50	02:08:58		
Nicholas Woodroof	Parkrun			Harting	Chichester		
	00:20:16			01:19:29	01:40:29		