

Fastest Times - 2016

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Lesley Anderson			Denmead				
			00:53:59				
Angie Agate	S-Parkrun #163		Rowans	Great South	Meon Valley		Kent
	00:22:59		00:56:48	01:20:02	01:56:34		04:06:48
Terry Aked	Dopey Challenge		Eastleigh	New Forest	Dopey challenge		Dopey Challenge
	00:27:39		00:50:37	01:29:22	02:25:15		05:24:44
Gary Armstrong	Lk-Parkrun #21	Ageas Bowl	Littlehampton	Great South	Solent		
	00:17:44	00:29:27	00:36:04	01:00:04	01:22:31		
Lawrence Bacon				Hayling	Southampton		
				01:25:05	01:53:10		
Rachel Bagshaw							Kent
							04:52:03
Kirsty Bailey	H-Parkrun #228		Eastleigh	Hayling	Solent		Kent
	00:22:55		00:46:41	01:14:15	01:43:41		03:35:47
Mark Bailey	Dopey Challenge		Dopey Challenge		Dopey Challenge		Dopey Challenge
	00:26:59		00:58:23		01:56:50		04:13:50
Nick Bailey	Great South		Stubbington	Great South	Great North		
	00:32:42		01:04:28	02:02:32	02:44:10		
Tabitha Bartlett							Kent
							04:44:33
Gerard Beauvoisin	Lakeside #2			Great South			
	00:22:08			01:21:16			
Andrea Berogna	L-Parkrun #33						
	00:29:53						
Richie Berogna	L-Parkrun #37						London
	00:18:34						03:33:33
James Berry	H-Parkrun #197	Hayling Billy	Mo Run	Hayling			
	00:23:08	00:35:20	00:44:24	01:11:28			
Graham Bowpitt	Lakeside #5	Lavant	Denmead	Ryde	Coastal		Kent
	00:19:52	00:32:50	00:43:49	01:12:21	01:34:50		03:32:55
Karen Brewster	Lk-Parkrun #21			Great South	Bacchus		
	00:27:40			01:25:41	02:43:02		
Emma Burton	F-Parkrun #2						
	00:22:56						

Fastest Times - 2016

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Darren Butwell	H-Parkrun #221						
	00:23:52						
David Bryant	Portchester #1						
	00:27:17						
Victoria Brind				Great South			
				01:23:41			
Martin Carpenter	Dopey Challenge	Hayling Billy	St Patricks	Salisbury	Reading	Bramley	Kent
	00:27:00	00:35:42	00:55:36	01:16:46	01:41:00	02:49:40	03:42:35
Gary Cassap		Overton		Ryde			Cape Wrath
		00:39:33		01:25:38			04:30:11
Matthew Cheyney		Overton	D-Day	Salisbury	Reading	Bramley	London
		00:29:37	00:37:06	00:59:26	01:20:44	02:09:51	02:51:00
Graham Clarke	Q-Parkrun #174	Overton	Stubbington	Hayling	Gosport		Cape Wrath
	00:27:35	00:41:24	00:52:22	01:27:07	01:55:31		04:44:21
David Colenutt	F-Parkrun #1		Denmead	Hayling			
	00:26:24		00:57:21	01:30:05			
Steven Colmer			Stubbington	Ryde	Coastal		Kent
			00:45:47	01:15:23	01:44:00		03:56:35
Annali Court			Eastleigh				Kent
			00:52:42				04:36:45
Tracey Crank			Netley				
			01:04:41				
Anita Crawley	H-Parkrun #203		Eastleigh	New Forest	Meon Valley Exp		Bournemouth
	00:24:33		00:50:01	01:25:12	01:53:46		04:00:05
Gary Edmonds	H-Parkrun #190		Stubbington	Ryde	Coastal		
	00:20:49		00:41:34	01:11:28	01:42:35		
Christopher Ellis	Lakeside #2		D-Day	Hayling			
	00:23:50		00:51:53	01:39:08			
Sam Feiven		Hayling Billy		Great South			
		00:47:49		01:34:59			
Jackie Goddard		Hayling Billy	RNLI	Hayling			
		00:48:46	01:00:10	01:38:30			
Richard Gray	S-Parkrun #157	Hayling Billy	Chichester		Roma Ostia		
	00:25:11	00:39:59	00:46:26		01:49:51		

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Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Sarah Hadfield				New Forest			Brighton
				01:32:00			04:45:41
Sasha Harding	S-Parkrun #121		Chichester				
	00:23:43		00:49:13				
Robert Harkness			Selsey	Great South			
			00:39:47	01:03:41			
Annie Harris	K-Parkrun #45		Minchinhampton				
	00:25:07		00:55:31				
Brian Harris	L-Parkrun #71	Overton	Netley	Hayling	Solent		
	00:29:35	00:49:11	01:02:59	01:48:31	02:23:53		
Emma Harris				Great South			
				01:39:37			
Kate Harris			Denmead				
			00:58:32				
Neil Hawkins		Headley XC	Stubbington	Great South			London
		00:42:46	00:48:46	01:23:29			04:28:48
Colin Haynes	H-Parkrun #233						
	00:25:34						
Rory Heard	Dopey Challenge	Overton	Eastleigh	Salisbury	Solent		Dopey Challenge
	00:26:59	00:36:25	00:43:09	01:13:29	01:42:28		04:03:51
Sarah Heard	Dopey Challenge		Eastleigh	Salisbury	Dopey Challenge		Kent
	00:32:20		00:52:42	01:30:17	02:24:43		04:45:28
Ashley Hiom	H-Parkrun #202						
	00:22:53						
Stuart Hoare	Q-Parkrun #139	Hayling Billy	Stubbington	Ryde	Gosport		London
	00:27:00	00:39:00	00:48:50	01:21:52	01:51:29		04:08:16
Trevor Holloway			Stubbington	Alton			
			00:46:50	01:30:45			
Melanie Hunt	K-Parkrun #104	Hayling Billy	Eastleigh	Salisbury	Gosport		Cape Wrath
	00:23:15	00:38:03	00:47:53	01:21:37	01:51:59		04:32:55
Sean James	Lk-Parkrun #21		Bognor				
	00:24:44		00:56:41				
Lizzie Jenner	S-Parkrun #151	Overton	Stubbington				
	00:25:09	00:40:15	00:50:35				

Fastest Times - 2016

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Antony Johnson	H-Parkrun #201				Southampton		
	00:30:16				02:13:24		
Tillie Johnston			Denmead	Great South	Gosport		
			00:56:09	01:25:57	02:10:20		
Carol Jones				New Forest			
				01:28:04			
Roger Jones	Lakeside #5	Lavant	D-Day	Salisbury	Solent		
	00:20:14	00:33:22	00:41:35	01:13:17	01:40:25		
Ruud Jonkers	Lakeside #1		Eastleigh				
	00:17:54		00:38:50				
Brent Latham	H-Parkrun #230						
	00:26:01						
Tony Laurenson				Ryde			
				01:35:04			
Gail Long				Ryde			
				01:30:36			
Tina Lowe					Bournemouth		
					01:51:39		
Matthew Madill	Lk-Parkrun #30			Great South	Gosport		
	00:20:30			01:12:37	01:35:00		
John Malthouse	SW-Parkrun #186	Ageas Bowl	Eastleigh	Hayling	Solent		New Forest
	00:22:04	34:38:00	00:41:46	01:11:11	01:34:58		03:32:17
Julian Manning	S-Parkrun #131	Hayling Billy	Eastleigh	Salisbury	Gosport		London
	00:16:32	00:27:31	00:32:23	00:54:20	01:14:25		02:43:05
Debbie Marks	Clanfield			Great South			
	00:44:35			02:10:46			
Lee Mawson	Lakeside #2	Lavant	D-Day	Salisbury	Coastal		
	00:18:31	00:30:30	00:38:20	01:03:21	01:29:33		
Gary McCawley	Lakeside #2		Stubbington	Salisbury	Gosport		Bournemouth
	00:22:43		00:46:02	01:18:07	01:43:11		04:02:45
Alan McVittie			Stubbington	Salisbury	Gosport	Bramley	
			00:42:38	01:08:29	01:40:39	02:35:28	
Rob Moore		Overton	Denmead	Great South			
		00:35:42	00:44:14	01:09:38			

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Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Peter Murphy	H-Parkrun #197						
	00:29:43						
Mike Nolan		Hayling Billy	Stubbington	Great South	Brighton		Brighton
		00:36:10	00:43:58	01:16:16	01:39:46		03:44:52
Philip O'Connor			Stubbington		Southampton		Kent
			00:39:26		01:30:56		03:36:19
Daniella Offer			Stubbington	Ryde			
			00:45:08	01:19:29			
Kara Palmer	S-Parkrun #120				Bacchus		
	00:26:17				02:42:15		
Claire Parfitt				Great South	Coastal		London
				01:23:12	01:53:48		04:26:26
Martin Parfitt			Denmead	Great South	Royal Parks		London
			00:43:11	01:08:46	01:31:45		03:24:19
Jenny Parks	H-Parkrun #230		Denmead				
	00:31:46		01:06:48				
Lisa-Marie Peckover	Lk-Parkrun #21	Overton	Littlehampton	Hayling	Gosport		Kent
	00:25:22	00:43:00	00:51:08	01:26:48	02:01:29		05:22:17
Mark Pelley				Salisbury			
				01:39:56			
Christine Perrior				Great South			
				01:59:43			
Darren Phillips	S-Parkrun #133		Stubbington	Salisbury			
	00:20:24		00:42:18	01:14:55			
Alison Pople	Great South						
	00:38:47						
Tony Quinn			Denmead				
			00:57:53				
John Rattley	Lk-Parkrun #25						
	00:35:57						
Sue Rattley	Lk-Parkrun #25						
	00:31:52						
Kev Raymond	H-Parkrun #186						
	00:23:58						

Fastest Times - 2016

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Julia Revill	S-Parkrun #120		Eastleigh	Ryde	Stansted		Dymchurch
	00:28:52		00:58:18	01:40:27	02:44:35		04:58:34
Carol Richardson	L-Parkrun #37				Coastal		
	00:34:53				02:53:03		
Suzanne Richardson	Lk-Parkrun #31	Overton			Gosport		Kent
	00:22:30	00:38:41			01:42:24		04:18:35
Sally Rowe			Stubbington				Kent Coyote
			00:45:35				03:56:38
Dennis Sanderson	S-Parkrun #131	Overton	Lacock Abbey				
	00:24:51	00:43:31	00:54:50				
Paul Saunders	H-Parkrun #188	Hayling Billy	Stubbington	Great South	Solent	Bramley	Edinburgh
	00:20:51	00:32:34	00:41:22	01:09:39	01:34:51	02:42:44	03:40:24
Sara Saunders	H-Parkrun #234		Bournemouth				
	00:28:07		01:02:07				
Martin Shaw	Lk-Parkrun #33	Overton	Stubbington	Salisbury	Gosport	Bramley	Kent
	00:21:44	00:35:18	00:43:21	01:12:24	01:38:38	02:41:07	04:04:15
Mike Shaw	S-Parkrun #130	Hayling Billy		Great South			
	00:38:15	01:19:24		02:34:36			
Daniel Shawyer	S-Parkrun #121	Ageas Bowl	Stubbington	Hayling	Gosport		
	00:19:27	00:35:23	00:40:20	01:08:05	01:33:21		
Dan Starkey	Lakeside #5	Lavant	Denmead	New Forest	Gosport		
	00:19:36	00:33:04	00:42:29	01:12:46	01:33:33		
Patrick Stephenson	S-Parkrun #164		Stubbington		Gosport		
	00:17:26		00:35:31		01:18:54		
Liz Steward	Lk-Parkrun #33	Overton	Eastleigh	Hayling	Gosport		Kent
	00:20:34	00:34:50	00:43:16	01:10:25	01:34:09		03:33:11
Sally Stone			Stubbington				
			00:52:21				
Jon Sullivan	Lakeside #2		Stubbington	Salisbury		Bramley	
	00:17:11		00:35:20	00:59:22		02:12:11	
Mugeni Sumba							London
							03:38:02
Clare Taylor					White Horse		
					02:01:18		

Fastest Times - 2016

Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Linda Taylor	S-Parkrun #118	Hayling Billy	Eastleigh	Ryde			Mont st michel
	00:23:43	00:36:27	00:42:58	01:17:34			03:38:50
Lisa Taylor	S-Parkrun #122						Kent
	00:22:33						04:18:35
Michael Taylor	S-Parkrun #117		D-Day	Great South	Dopey Challenge		Dopey Challenge
	00:24:43		00:52:10	01:24:57	02:05:07		04:56:49
Ali Thomas			Stubbington				
			00:51:14				
Simon Toms		Overton	Eastleigh	Hayling			
		00:32:32	00:45:49	01:04:18			
Pete Turrell	Q-Parkrun #141		Denmead				
	00:21:06		00:39:09				
David Walker			Stubbington				
			00:44:30				
Marie Watkyns	H-Parkrun #186						
	00:35:11						
Lee Weeks	F-Parkrun #2						
	00:22:22						
Clare Welch	P-Parkrun #92	Overton	Stubbington	Salisbury	Gosport		Kent
	00:35:02	00:48:57	00:59:25	01:35:43	02:24:06		05:22:17
Paul Welch	Lk-Parkrun #31	Hayling Billy	Eastleigh	Great South	Solent		Kent
	00:18:47	00:30:51	00:38:09	01:04:40	01:28:30		03:12:19
Grahame White	S-Parkrun #122	Hayling Billy	Netley	Ryde			Kent
	00:22:50	00:39:40	00:48:26	01:25:11			04:47:14
Andy Weston				Great South			
				01:06:23			
Paula Weston				Great South			
				01:19:58			
Stephanie Whiteley				Great South			
				01:50:27			
Caroline Whiting				Great South			
				01:34:41			
Denise Williams	H-Parkrun #194	Hayling Billy					
	00:33:15	00:56:44					

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Name	5K	5M	10K	10M	1/2Mar	20M	Mar
Neil Williams			Denmead	Great South			Brighton
			00:39:18	01:03:17			
Emma Wilson					New Forest		
					02:14:29		
Becki Wimsett	L-Parkrun #33			Great South			Brighton
	00:27:41			01:46:00			04:50:57
Mark Wilson	Dopey Challenge		Stubbington		Gosport		London
	00:27:05		00:45:45		01:49:33		03:49:39
Louise Woodhouse				Great South			
				01:47:49			
Dave Woods	H-Parkrun #195						
	00:20:40						
Jane Woodroof	B-Parkrun #95		Netley		Gosport		
	00:28:19		00:55:55		02:10:14		
Nicholas Woodroof	Q-Parkrun #179						
	00:24:55						

Parkruns

B=Buckingham	C=Chichester	Ca=Cardiff	H= Havant	L=Lee-on-Solent	Lk=Lakeside
E=Eastleigh	F=Fareham	G=Greenpoint	N=Netley Abbey	S=Southsea	SW=S Woods