

**Denmead Striders Running Club**  
**Annual General Meeting 2010**  
Tuesday 19<sup>th</sup> January 7.30pm at the Mead End Pub.

Minutes

The Chairman opened the A.G.M. at 19.35 and thanked everyone for attending.

**1.1 & 1.2 2009 AGM minutes – Matters arising.**

There were no matters arising from the previous AGM. The minutes from the previous AGM (20/01/09) were agreed as a representative account of the meeting.

Proposed: Tony Laurenson (Club Chairman)

Seconded: Sue Rattley (Club Member)

**2. Reports from Committee members.**

**2.1 Club Secretary – Gary McCawley.**

As stated in the club constitution the Club Secretary confirmed the club is affiliated to UK Athletics (UKA) and its subsidiary England Athletics (EA), The Hampshire Athletic Association (HAA) and the South East of England Athletic Association (SEAA)

The club is also affiliated to the following 'racing' leagues. The Hampshire Road Race League (HRRL) and the Today's Runner Winter League (TRWL).

There have been no major changes from the affiliated bodies which affect the club.

**2.2 Treasurer – Dave Davenport.**

The Club Treasurer presented the financial statement as at 31/12/2009. The club started 2009 with a bank balance of £1,169.37

Club kit has been sold to the value of 167.50 and at the same time kit has been purchased costing £253.78

The club received a payment of £300.00 from Nova International for our assistance with marshalling the 2009 Great South Run.

The club took £96.00 at our host TRWL event but our expenses for putting on this event were £92.83

The club paid £255.00 to EA for the club and member affiliation, together with a further £66.00 for affiliation to the HAA, SEAA, HRRL and the TRWL.

The clubs presentation night including trophies cost the club £310.40 and the club spent £260.00 to allow members gain their coaching qualifications.

Once again the club subsidised the Ryde 10 event and during the year the club purchased equipment costing in excess of £400.00. Apart from the new club banner the club has purchased road signs to hopefully make our winter sessions safer for our members, as well as equipment for our TRWL hosted race.

Our subscription fee of £15.00 which includes EA membership remains one of the cheapest in Hampshire, if not the cheapest and at £0.30p per week represents excellent value for money.

The club has spent over £70.00 more than the total income we have received this year mainly on equipment, but also in encouraging our team of coaches to obtain their training and qualifications.

The clubs closing bank balance on the 31/12/2009 was £1094.12

A record of the 2009 finances is available to members who wish to see a copy.

### **2.3 Membership Secretary – Julia Revill.**

The club had a very healthy year regarding renewals; it is great to have such a loyal membership. The club also had a welcome influx of new members towards the end of the year bringing the total membership to 93.

### **2.4 Publicity – Sally Stone.**

Apologies

### **2.5 Club Captain – Julia Revill.**

HRRL

The club had an excellent turn out for the road races with always one complete team for both sexes and nearly always two teams. The year finished with the Netley 10K in May and in Div.A the ladies were 3<sup>rd</sup> and in Div.B 9<sup>th</sup>, a really great result. The men were 6<sup>th</sup> in Div.A and 11<sup>th</sup> in Div.B, well done to all who competed. In the current season the ladies are 6<sup>th</sup> in both divisions but the men are in the relegation zone. If anyone feels that they could run one of the races for the club, whatever your speed, it helps towards our league placing to have full teams.

The club had good turnouts for the TRWL as well as the HRRL. These are great races, challenging as well as fun and free. As for the HRRL running makes a difference however fast you are as it ensures that the club have complete teams and are able to score for that race, incomplete teams means no score even if one sex has a full team. For the 2008/09 season out of 17 clubs we were 11<sup>th</sup> and 9<sup>th</sup> for the men and ladies respectively – to be confirmed.

### **2.6 XC Representative – Alison Pople and Len Turrell.**

Alison stated that she was pleased with the turnout for the TRWL races and thanked all the members who have competed in these races.

The club has averaged 15 members per race so far.

### **2.7 Coaching – Kevin Reeves.**

I would like to thank all those who have contributed to making club training sessions a success. To all the members, particularly those who attend regularly, whose hard work make coaching seem worthwhile. To the coaching team whose efforts are much appreciated by me and, I hope, by all. To Len Turrell for placing the safety signs and to all those people in this and other clubs who have encouraged and supported Striders in their training.

Coaching development is currently hindered by the absence of training courses during restructuring. However, in the last year Julia Revill completed her level 2 coaching award, Gary McCawley and Anita Crawley their level 1 and I completed my level 3. Like

any other club, a continual process of coach training and development needs to take place and I hope the Leadership in Running Fitness course will provide a focus for those wanting to make more of a contribution without committing to more in-depth qualification.

I would like to thank Julia Revill, the club captain, for encouraging race participation, and Simon Clarke for organising the Striders League, a motivation for members to race. Representation in the Hampshire Road Race and Today's Runner leagues remains good and being part of a noticeable team can be more encouraging than racing alone.

Every member of the club will have different reasons for training with the club. I designed the winter training schedule around the idea that there is a common thread that everyone attends in order to get fitter. The winter schedule is based around giving the most people the most chance of improving as distance runners. However, not forgetting that members who have trained hard for years need very focussed sessions. The feedback you give to coaches can be useful in improving training sessions and without it how would we know what you think?

Finally, I would like to apologise for not being as available as I'd like to be, due to my studies, but I would like to thank people for their kind words during the last 18 months coaching. I would like all members to feel free to contact me for advice and support about training or racing and I will do what I can.

### **3. Affiliation to the HRRL and TRWL for 2010/11.**

The Club Secretary put forward a proposal that the club remained in the HRRL and the TRWL for 2010/11 season.

Proposed: Club Secretary (Gary McCawley)  
Seconded: Julia Revill

The proposal was put to the A.G.M. and agreed.

### **4. Election of Officers.**

The Club Secretary put forward a nomination from Dave Arnold that Graham Bowpitt should be elected to the committee as a member representative.

Proposed: Dave Arnold (Club Member)  
Seconded: Gary McCawley (Club Secretary)

The following positions were put to the A.G.M. for election.

The following positions were elected for 2010.

<b>Position</b>	<b>Elected Officer</b>
Chairman	Tony Laurenson
Vice Chairman	Mark Pelley
Treasurer	Dave Davenport
Club Secretary	Gary McCawley (Interim)
Membership Secretary	Julia Revill
Club Captain	Julia Revill
XC Representative	Alison Pople & Len Turrell
Club Kit	Brian Harris
Newsletter Representative	Peter Maisey
Publicity Officer	Steve Trevena
Website	Sue Rattley
Members Representative	Graham Clarke
Members Representative	Graham Bowpitt

### **5. Health and Safety.**

The Club Secretary reported there were no notifiable occurrences during the year.

The club secretary also explained that due to coaches noticing members wearing headphones during training sessions, the committee felt it necessary to offer a polite, non-invasive notice to members. The reason for the notice was to ensure the H&S of the wearers and non-wearing members.

Pete Maisey also highlighted that although greatly improved this winter, some members were still wearing dark clothing for the winter session on Wednesday night.

It was suggested from the floor that a supply of Hi-Viz tops be available so those members turning up in dark clothing can borrow one.

### **6. Website Update – Sue Rattley.**

Sue reported she is happy to continue with the website and is open to suggestions and ideas from members.

The website has approval from the AGM and was praised for a simple and easy to use user interface.

Suggestions from the AGM included;

- i. Providing a plain print version of the training schedules.
- ii. Update club coach details.
- iii. Broaden the appeal of the club through the website (member testimonials etc...)
- iv. Encourage all running abilities on the front page.
- v. Addition of a message board.

## **7. Club Newsletter – Pete Maisey.**

Pete reported he is happy to continue with the newsletter and is open to suggestions and ideas from members. Currently forty copies of each edition are printed and these all go when handed out.

Pete also used the AGM to encourage members to supply articles for the newsletter.

Pete is also happy to distribute the newsletter via e-mail.

## **8. A.O.B.**

### **8.1 Review of club rules and constitution (Pete Maisey).**

Pete raised the point regarding the application of rules regarding the use of reflective clothing and the wearing of headphones.

The club constitution does not have rules regarding the above.

The committee will review the club constitution and amend/update accordingly. Any constitution updates will be applied by calling an extraordinary general meeting (EGM).

The Club Secretary had already explained why a notice was required regarding the use of personal headphones.

### **8.2 Club Membership Fees (Tony Smith).**

Tony raised the point regarding membership fees for second claim members. Tony also asked what happens to the money from those members who are volunteers or do not apply for an EA licence.

The Club Chairman stated that this point was raised at 2008 AGM by Marilyn Crocker. It was agreed at that AGM to keep a single £15.00 fee for all members, first or second claim.

Dave Davenport raised the point that having a single fee made keeping track of club membership a lot easier.

The membership secretary stated that the club currently has two second claim members.

Dave Arnold raised the point as a second claim member could he compete in club championships.

The Club Chairman stated that second claim members were eligible to enter the club championships as long as they wore a club vest. The Club Secretary pointed out that this must be done in i.a.w. EA rules, whereby the second claim athlete gets written permission from their first claim club and the race director to compete in Denmead Striders colours.

The chairman called for two proposals to be put to the AGM.

- i. Proposal of a reduced fee for second claim members.

Proposed: Julia Revill (Membership Secretary).  
Seconded: Tony Laurenson (Club Chairman)

The proposal was put to the A.G.M. and agreed.

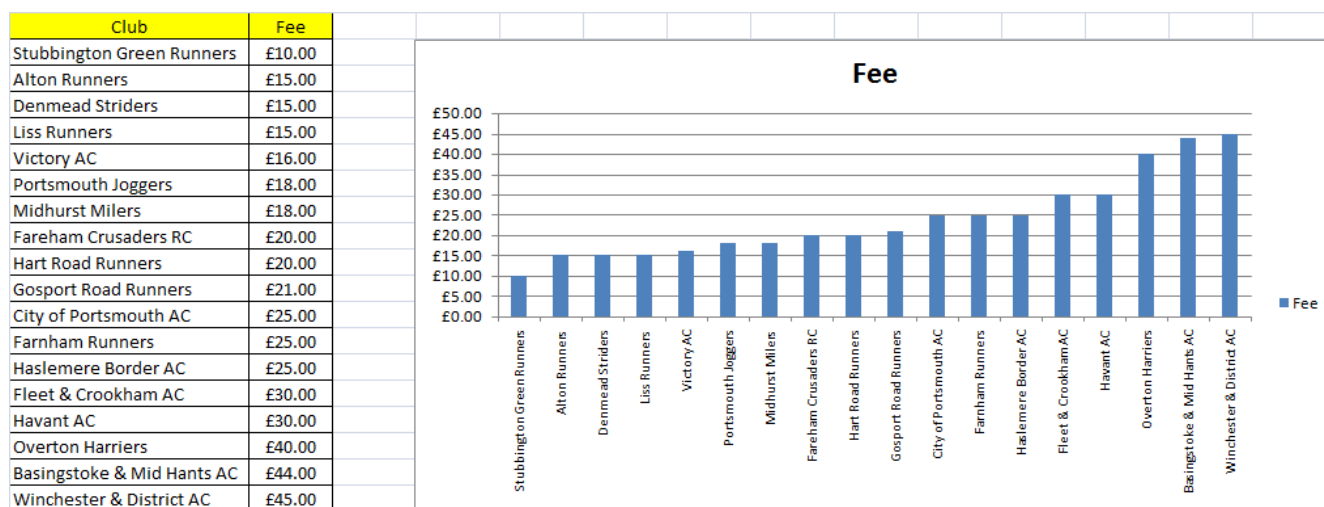
- ii. Keep the current membership fee at £15.00

Proposed: David Davenport (Treasurer).  
 Seconded: Tony Laurenson (Club Chairman)

The proposal was put to the A.G.M. and agreed.

The Club Treasurer had already explained what happens to the money gained in his financial report.

Finally the Chairman presented a graph of club membership fees within the area. This showed the Denmead Striders to be one of the cheapest in the area.



### 8.3 Formal Communication (Dave Arnold).

Dave requested the establishment of an email distribution of members to improve communication and information flow.

Those attending the AGM thought this was a good idea. The recent bad weather highlighted a need for better communication to club members. Concerns were raised about members being inundated with emails containing pointless or repeated information.

Dave put forward the idea of a business card style form asking members if they wanted to join the listing. Completing and handing this form in would assume consent.

The Club Chairman requested this item be moved forward to the next official committee meeting.

The Club Secretary also stated this required careful consideration to ensure it is carried out correctly and does not infringe on any member w.r.t to the data protection act.

### 8.4 Informal Communication (Dave Arnold).

Dave put forward a proposal for an informal communication method i.e. Facebook etc...

The Club Chairman stated that the club could not endorse such a method of communication as the views of its network members would not represent the club. A

hypothetical case could be somebody joining the network and bad mouthing another club or individual.

Graham Bowpitt stated he had already set-up a Facebook site (Stride and Rested) and it was not linked to the Denmead Striders but was to be used for likeminded people with an interest in keeping fit. He assured the AGM that the site could not be found by typing in Denmead Striders into the search engine.

The Club Chairman thanked Graham for his efforts and reminded him that the Denmead Striders Running Club should not be linked to the Stride and Rested site or that the club endorses this site in any way.

### **8.5 Car Sharing (Dave Arnold).**

Dave put forward a proposal for car sharing to races.

The Club Chairman stated that members already do this within their peer groups. The club does not object to a car sharing program, this can be announced by the organising member at any session prior to the event.

### **8.6 Hampshire XC League Participation (Dave Arnold).**

The club is not affiliated to Hampshire XC League and misses out on information pertaining to races the club can enter even though they are not part of the league.

The Club Secretary said that the reason the club does not enter Hants XC is because membership take up is very low and it can be costly to affiliate.

In order to ensure the club receives race information it was proposed that Angela Agate be put forward as the Hants XC representative. As Angela was not at the meeting the Club Chairman said he will talk to Angela about this role.

The club will look into entering the league for 2010/11 season.

## **9. Chairman's Closing Remarks.**

The chairman thanked everyone for attending the AGM saying "It is good to see you taking an active part the clubs direction"

He then thanked the members of the executive "who have given their valuable time to the club". He especially thanked retiring members Gary and Sally for their contributions.

The chairman welcomed new members to the executive Alison Pople and Len Turrell both of which have taken on the role of XC representatives. The Chairman is also looking forward to working with the new Vice Chairman Mark Pelley and returning as Publicity Officer Steve Trevenna.

He thanked Kevin Reeves for accepting the role of Head Coach following the retirement of John Rattley.

"We are already enjoying the flavour of training with the Winter schedule.....Thank you to all our coaches."

"Denmead Striders, continues to thrive as a running club, with membership close to a record high. It is a joy to be part of this club. To see how well we perform against other clubs in team events and as individuals. But above all, I enjoy the character of Denmead Striders; a warm friendly atmosphere; the way in which peer groups have emerged; the

social gatherings and the welcome and encouragement to new members. It is a great advert for running. Long may it continue. Finally, may I wish you all a happy 2010."

Meeting closed at 21.15